

September 2026 – 50+ Daily Events at the Bob Crane Community Center – 614-583-5300 parks.uaoh.net

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
7:45	SilverSneakers® BOOM Move (Mezz Rm A) (skip 9/7, 9/14)	8	SilverSneakers® BOOM Muscle (Mezz Rm B)(skip 9/8, 9/15)	7:45	SilverSneakers® BOOM Move (Mezz Rm A) (skip 9/9)	8	SilverSneakers® BOOM Muscle (Mezz Rm B)(skip 9/10)	9	SilverSneakers® Circuit (Mezz Rm B) (skip 9/11)
9-11	Open Play 50+ Pickleball (Fancyburg Park) (9/14-10/12)	9-12	Stained & Mosaic Glass Studio (L2 Art Rm) (9/1-9/29) (skip 9/8, 9/15)	9	SilverSneakers® BOOM Muscle (Mezz Rm B) (skip 9/9)	9	Qi Gong (Mezz Rm A) (9/3-9/24)(skip 9/10)	10	SilverSneakers® Circuit (Mezz Rm B) (skip 9/11)
9	SilverSneakers® Classic (Mezz Rm B) (begins 9/21)	9	Mind, Body & Soul Yoga (Mezz Rm A) (9/1-9/29) (skip 9/8, 9/15)	10	SilverSneakers® Circuit (Mezz Rm B) (skip 9/9)	9-11	Open Play 50+ Pickleball (Fancyburg Park) (9/3-10/8)	10	Beginners Line Dance (Mezz Rm A) (9/4-9/25)(skip 9/11)
10	Ballroom Dance (Mezz, Rm A) Beg: 11 am, Int: 10 am (9/21-10/26)	10	SilverSneakers® Classic (Mezz Rm B) (skip 9/8, 9/15)	10	Zumba Gold® (Mezz Rm A) (9/2-9/30)(skip 9/9)	9:30-11:30	Woodcarvers (L2 Art Rm) (9/3-9/24)(skip 9/10)	11:15	Intermediate Line Dance (Mezz Rm A) (9/4-9/25)(skip 9/11)
10	Mindful Movement Yoga (Mezz Rm B) (9/21-9/28)	10-Noon	Table Tennis 50+ (L3 Aux Gym) (skip 9/8, 9/15)	1	Life Lines: Writing the Stories of Your Life (9/16-10/21) (L2 Rm B)	10	SilverSneakers® Classic (Mezz Rm B) (skip 9/10)	12:30-2:30	Mah Jongg 50+ (L2 Rm B) (skip 9/11)
10	Giggle Juice, Canaries & Bumping Gums Part 1 (L2, Rm A) (9/21-10/26)	10-Noon	Cornhole 50+ (L3 Aux Gym) (skip 9/8, 9/15)	1	SilverSneakers® Yoga (Mezz Rm B)(skip 9/9)	10	Line Dancing Legends (Mezz Rm A) (9/3-9/24)(skip 9/10)	1-2:30	Guided Journaling for Authenticity, Hope & Connection (L2 Rm A) (9/18-10/23)
10:30-12:30	Monday Morning Drawing (L2 Art Rm) (9/21-9/28)	11	Ballet for Beginners (Mezz Rm A) (8/4-9/1) (*Note: 9/1 meets for 1.5 hrs to include a make-up session) & (9/22-10/27)	1	Euchre 50+ (L5 Rm C) (skip 9/9)	10	Great Historical Paintings (L2 Rm B) (9/24-10/15)		
11	SilverSneakers® BOOM Muscle (Mezz Rm B) (begins 9/21)			1	Tap Dance-Experienced	11	Strong & Steady: Seated Strength Training (Mezz Rm B) (9/3-9/24)(skip 9/10)		
11:15	Behind the Scenes Part 1 (L2, Rm A) (9/21-10/26)	11	Fit After 50 (Mezz Rm B) (9/1-9/29)(skip 9/8, 9/15)	2	Tap Dance-Beginners (Mezz Rm A) (9/16-10/21)	11:30	Ballet for Beginners (Mezz Rm A) (7/30-9/3) & (9/17-10/22)		
1-3	Bridge 50+ (L2 Rm B)								
1	SilverSneakers® Yoga (Mezz Rm B) (begins 9/21)	1 or 1:45	Balance Practice (Mezz Rm B) (9/1-9/29) (skip 9/8, 9/15)			1 or 1:45	Balance Practice (Mezz Rm B) (9/1-9/29) (skip 9/10)		
3	Aging Strength (Mezz Rm B) (9/21-9/28)	1-3	Watercolor Workshop (L2 Art Rm) (9/1-9/29) (skip 9/8, 9/15)						
3:30	Tai Chi (Mezz Rm A) (9/21-9/28)	1-2	Shakespeare: <i>As You Like It</i> (L2 Rm B) (9/22-10/27)						
		2-4	Current Events (L5 Rm C) (skip 9/8, 9/15)						
				CLASS LOCATIONS Mezz – Mezzanine L2 – Level 2 L3 – Level 3 L4 – Level 4 L5 – Level 5					
								SATURDAY 10:30 Fit After 50 (Mezz Rm B) (9/5-9/26)(skip 9/12) REGISTRATION REQUIRED Registration is required for all programs/events classes unless otherwise noted. Call the front desk at 614-583-5300 to register.	