



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NOVEMBER 2024	 PARKS & REC City of Upper Arlington	Registration Required Advanced registration is required for all programs. Register at least two business days in advance. It allows us to determine if we have enough participants to run the class and time to prepare.	Flip this calendar over to see our daily programs.	1 SAC Catered Box Lunch Registration Opens Bldg 3, Registration Desk Beginners Line Dance (4 sessions) 10-11 am, Bldg 1, Rm 102 Great Portrait Painters & Their Subjects 11:30 am, Bldg 1, Rm 104 (4 sessions) 50+ Connections 1 pm, Bldg 1, Rm 104 SATURDAY 2 Restorative Yoga (2 sessions) 8-9 am, Bldg 2, Rm 205 Fit After 50 (6 sessions)(skip 11/30) 9:30-10:30, Bldg 1, Rm 102 8 Modern Middle East: European Influences 10-11 am, Bldg 1, Rm 104
4	5	6	7	7
Monday Morning Drawing (3 sessions) 10:30 am-12:30 pm, Bldg 1, Rm 105 Colorful Collage 1-2 pm, Bldg 1, Rm 104 iPhone: Tips and Tricks 1 1-3 pm, Bldg 3, Rm 301	Mind, Body & Soul Yoga (4 sessions) 9:30-10:30 am, Bldg 3, Rm 301 Successful Living in Retirement 10-11 am, Bldg 2, Rm 204 Veteran Recognition 1-2 pm, Bldg 2, Café UA Windows 10: Organizing Your Files 1-3 pm, Bldg 3, Rm 301	Frank Lloyd Wright House & Springfield Art Museum Trip, 9 am-4 pm, Depart Bldg 2 Our National Parks 10-11:30 am, Bldg 3, Rm 301 Doodles Workshop Noon-3 pm, Bldg 1, Rm 104	Thursday Line Dance (3 sessions)(skip 11/28) 10-11 am, Bldg 2, Rm 205 Gentle Hatha Yoga (3 sessions)(skip 11/28) 10-11 am, Bldg 3, Rm 301 Stay Safe Using Technology 11 am-Noon, Bldg 1, Rm 104 Lunch Buddies 11:05 am, Bldg 2, Rm 205	8
11	12	13	14	15
<u>Senior Center Closed</u> In Observance of Veterans Day 	Alz Assoc: Supporting Independence 10-11 am, Bldg 2, Rm 204 Armchair Travel - David Warther's Ships 11 am-Noon, Bldg 1, Rm 104 Watercolor Workshop (3 sessions) 1-3 pm, Bldg 1, Rm 105 Windows 10: Safari Savvy 1-3 pm, Bldg 3, Rm 301 A Taste of French Cheese 1:30-3 pm, Bldg 2, Rm 204	Book Club: <i>Lady Tan's Circle of Women</i> by Lisa See, 9:45-11 am, Bldg 1, Rm 104 Life & Times of the American Revolution 10-11:30 am, Bldg 3, Rm 301 Zumba Gold® (5 sessions)(skip 11/27) 10:15-11 am, Bldg 2, Rm 205 Grub Club: Der Dutchman in Plain City 11 am-3 pm, Depart Bldg 2 Dangles Workshop Noon-3 pm, Bldg 1, Rm 104 Read/Watch/Listen: Library e-Resources 2-3 pm, Bldg 3, Rm 301	A Scientist in the Robinson Crusoe Islands 10-11:30 am, Bldg 1, Rm 104	50+ Connections 1 pm, Bldg 1, Rm 104
18	19	20	21	22
Creative Card Crafting 10 am-Noon, Bldg 2, Rm 204 Sip & Paint 1-2 pm, Bldg 1, Rm 105 Making Cards: Ink App on iPhone/iPad 1-3 pm, Bldg 3, Rm 301 Guided Forest Therapy-Blacklick Woods 12:30-3:30 pm, Depart Bldg 2 Mystery Book Club: <i>Mastering the Art of French Murder</i> by Colleen Cambridge 2-3 pm, Bldg 2, Café UA Lounge	Prime Tours Trips Preview 10 am, Bldg 2, Rm 204 SAC Boxed Lunch - Donatos 11-Noon, Bldg 2, Café UA Windows 10: Contacts, Calendars & Email 1-3 pm, Bldg 3, Rm 301	Marietta - Ohio's First Settlement 10-11:30 am, Bldg 3, Rm 301 Tangles Workshop Noon-3 pm, Bldg 1, Rm 104	Movie Club: <i>Woman in Gold</i> (PG13, 1h 49m) 12:30 pm, Bldg 2, Rm 204 Lightened Up Thanksgiving Recipes 11 am-Noon, Bldg 2, Rm 204	
25	26	27	28	29
Painting with Fabric 1-2:30 pm, Bldg 1, Rm 105 Designing a Christmas Letter Using Pages on iPad, 1-3 pm, Bldg 3, Rm 301	Windows 10: Managing Your Photos 1-3 pm, Bldg 3, Rm 301		<u>Senior Center Closed</u> In Observance of Thanksgiving Day 