


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
<div><div>JULY 2025</div><div><div><div>PARKS & REC</div><div>City of Upper Arlington</div></div></div></div>	Mind, Body & Soul Yoga (5 sessions) 9-9:50 am, Mezz, Rm A Take a Seat to the Beat (4 sessions)(skip 7/15) 11-11:30 am, Mezz, Rm B Watercolor Workshop (5 sessions) 1-3 pm, L2, Art Rm	Zumba Gold® (4 sessions) 10-10:50 am, Mezz, Rm A Pilates Fusion (4 sessions) (skip 7/23) 4-4:50 pm, Mezz, Rm A	Thursday Line Dance (5 sessions) 10-11 am, Mezz, Rm A	<div><div><div></div><div></div><div></div></div><div><div>WE ARE CLOSED ON</div><div>INDEPENDENCE DAY</div><div>HAVE A HAPPY 4TH OF JULY!</div></div><div><div></div><div></div><div></div></div></div>
7	8	9	10	11
Monday Morning Drawing (4 sessions) 10:30 am-12:30 pm, L2, Art Rm iPhone: Settings 2 1-3 pm, L2, Rm A Aging Strength (3 sessions)(skip 7/21) 3-3:45 pm, Mezz, Rm B	Kayaking the Scioto 10-11:30 am, Griggs Reservoir Park Boat Launch Armchair Travel: Carillon Historic Museum 11 am-Noon, L2, Rm B Bingo 2-3 pm, L2, Rm B	Book Club: <i>The First Ladies</i> by Marie Benedcit & Victoria Chrisotpher Murray, 9:45-11 am, L2, Rm B Chatterbox Social: Your Monthly Buzz Noon-1 pm, L2, 1918 Lounge	French Fun & Fitness (4 sessions) 10 am-Noon, L2, Rm B	The Great Captains 10-11 am, L5, Rm B Beginners Line Dance (3 sessions) 10-11 am, Mezz, Rm A WITS Workout (8 sessions) 11 am-Noon, L2, Rm A
14	15	16	17	18
Intro to Digital Photo Editing 10 am-Noon, L2, Rm A Chair Volleyball 1-2:30 pm, L3, Aux Gym A	Ballet for Beginners (6 sessions) 11-11:150 am, Mezz, Rm A SAG Catered Boxed Lunch Smith's Deli 11 am-12:30 pm, L5, Rm C Downsizing with EBTH Noon-1 pm, L2, Rm B	Cherished Moments: Vintage Jewelry Gathering 10-11:30 am, L2, Rm B Mobility & Mechanics 10-11 am, L2, Rm A	Movie Club: <i>Quartet</i> (PG13, 1h 38m) 12:30 pm, L2, Rm A Sweet Connections: Ice Cream Social & Welcome Party 1-3 pm, L5, Rm AB	Famous Historic Photos (Part 2) 10 am-Noon, L5, Rm C
21	22	23	24	25
Ballroom Dance (6 sessions) Int. 10 am; Beg. 11 am, Mezz, Rm A Mystery Book Club: <i>Long Time Gone</i> by Charlie Donlea 2-3 pm, L2, Rm B	Net Worth: What is it & How is it Calculated? 11 am-Noon, L2, Rm B Pages for Mac 1-3 pm, L2, Rm A	AARP Smart Drive Course 10 am-2:15 pm, L2, Rm B Tap Dance for Experienced (6 sessions) 1-1:45 pm, Mezz, Rm A Tap Dance for Beginners (6 sessions) 2-2:45 pm, Mezz, Rm A	A "Wilds" Safari Day Trip 9 am-5:30 pm, Depart L1, Café	
28	29	30	31	
iPhone: iCloud 2 1-3 pm, L2, Rm A	World of Travel Trip Preview 10 am, L2, Rm A		Grub Club: High Bank Distillery 11 am, Depart L1, Café	Registration Required Advanced registration is required for all programs. Register at least two business days in advance. It allows us to determine if we have enough participants to run the class and time to prepare.