


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	Senior Center Closed	Senior Center Closed	Senior Center Closed	Senior Center Closed
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Aging in the Movies (4 sessions) 10 am-Noon, L2, Rm B  Ballroom Dance (6 sessions) Int. 10 am; Beg. 11 am, Mezz, Rm A  Monday Morning Drawing (4 sessions) 10:30 am-12:30 pm, L2, Art Rm  iPhone: What's New in iOS18 1-3 pm, L2, Rm A  Aging Strength (4 sessions) 3-3:45 pm, Mezz, Rm B	Mind, Body & Soul Yoga (4 sessions) 9-9:50 am, Mezz, Rm A Ladies Who Lift (5 sessions) 10-11 am, Aux Gym, Ct A Armchair Travel: Age of Steam Roundhouse 11 am-Noon, L2, Rm B Take a Seat to the Beat (4 sessions) 11-11:30 am, Mezz, Rm B Ballet for Beginners (6 sessions) 11-11:50 am, Mezz, Ex Rm A Shakespeare: Henry IV, Part One (6 sessions) 1-2 pm, L5, Rm A Mac: Surfing the Web 1-3 pm, L2, Rm A Watercolor Workshop (4 sessions) 1-3 pm, L2, Art Rm A Taste of French Chocolate 1:30-3 pm, L2, Rm B	National Museum of the US Air Force 8:30 am-6:30 pm, Depart BCCC Lobby Book Club: <i>James</i> by Percival Everett 9:45-11 am, L2, Rm B  Zumba Gold® (4 sessions) 10-10:50 am, Mezz, Rm A  Art Healthy (5 sessions) 10-11:30 am, L2, Art Rm Chatterbox Social: Your Monthly Buzz Noon-1 pm, L2, 1918 Lounge  The Art of Writing Your Memoir (8 sessions) 1-2:30 pm, L2, Rm B  Pilates Fusion (4 sessions) 4-4:50 pm, Mezz, Rm A	Thursday Line Dance (3 sessions) 10-11 am, Mezz, Rm A  Mindful Mandala Drawing Class 12:30-3:30 pm, L2, Art Rm  1968-The Year that Changed Everything 1-3 pm, L2, Rm A	The Great Captains 10-11 am, L5, Rm B  Beginners Line Dance (3 sessions) 10-11 am, Mezz, Rm A  WITS Workout (8 sessions) 11 am-Noon, L2, Rm A
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Chair Volleyball 1-2:30 pm, L3, Aux Gym Ct A  iPhone: Notes 1-3 pm, L2, Rm A	Alzheimer's: Writing Respite for Caregivers 10-11:30 am, L2, Rm A  SAG Catered Boxed Lunch - Whole Foods 11 am-12:30 pm, L5, Rm A  A Letter of Instructions to My Family 11 am-Noon, L2, Rm B  Mac: Getting Organized 1-3 pm, L2, Rm A	Grub Club: Der Dutchman 11 am-3 pm, Depart BCCC Lobby  Fearless CPR 1-3 pm, L2, Rm A  Tap Dance for Experienced (6 sessions) 1-1:45 pm, Mezz, Rm A  Tap Dance for Beginners (6 sessions) 2-2:45 pm, Mezz, Rm A	Preparing for Summertime Cooking 11 am-Noon, L2, Rm B  Movie Club: <i>Twisters</i> (PG13, 2h 2m) 12:30 pm, L2, Rm A	Learn to Play American Mah Jongg 3-5 pm, L5, Rm C (6 sessions)
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
iPhone: Reminders 1-3 pm, L2, Rm A  Mystery Book Club: <i>My Royal Spyness</i> by Rhys Bowen 2-3 pm, L2, Rm B	Mac: Managing Photos 1-3 pm, L2, Rm A	Pelvic Health: Bowel & Bladder Myth Busting 10-11 am, L2, Rm A	Senior Day Camp at Blacklick Metro Parks 9:30 am-2:30 pm, Depart BCCC Lobby  Painting with Fabric 1-3 pm, L2, Art Rm	
<b>28</b>	<b>29</b>	<b>30</b>		
Quiet on the Set! Part 1 (6 sessions) 10-11 am, L5, Rm C  iPhone: Siri 1-3 pm, L2, Rm A	Selling at Auction Noon-1 pm, L2, Rm B  Mac: Tips n Tricks 1-3 pm, L2, Rm A		<b>Registration Required</b> Advanced registration is required for all programs. Register at least two business days in advance. It allows us to determine if we have enough participants to run the class and time to prepare.	
				<b>12 SATURDAY</b> Restorative Yoga (3 sessions) 8:10-9 am, Mezz, Rm A
				<b>APRIL 2025</b>  <b>PARKS &amp; REC</b> City of Upper Arlington