## APPENDIX A - NATIONAL AND LOCAL RECREATION TRENDS

## NATIONAL DATA

## NATIONAL TRENDS IN GENERAL SPORTS

The sports most heavily participated in for 2016 were golf (24.1 million in 2015) and basketball (22.3 million), which have participation figures well in excess of the other activities in the general sports category. The popularity of golf and basketball can be attributed to the ability to compete with relatively small number of participants. Golf also benefits from its wide age segment appeal, and is considered a life-long sport. Basketball's success can be attributed to the limited amount of equipment needed to participate and the limited space requirements necessary, which make basketball the only traditional sport that can be played at the majority of American dwellings as a drive-way pickup game.

Since 2011, rugby and other niche sports, like boxing, roller hockey, and squash, have seen strong growth. Rugby has emerged as the overall fastest growing sport, as it has seen participation levels rise by $82.4 \%$ over the last five years. Based on the five-year trend, boxing ( $62 \%$ ), roller hockey ( $55.9 \%$ ), squash (39.3\%), lacrosse ( $39.2 \%$ ), cheerleading ( $32.1 \%$ ) and field hockey ( $31.8 \%$ ) have also experienced significant growth. In the most recent year, the fastest growing sports were gymnastics (15\%), rugby ( $14.9 \%$ ), sand volleyball (14.7\%), Pickleball (12.3\%), and cheerleading (11.7\%).

During the last five years, the sports that are most rapidly declining include touch football (-26\%), ultimate Frisbee ( $-24.5 \%$ ), racquetball ( $-17.9 \%$ ), and tackle football ( $-15 \%$ ). Ultimate Frisbee and racquetball are losing their core participants while touch football and tackle football are experiencing attrition of its casual participant base. For the most recent year, ultimate Frisbee ( $-16.7 \%$ ), touch football $(-12.3 \%)$, tackle football ( $-11.9 \%$ ), and boxing have undergone the largest decline.

In general, the most recent year shares a similar pattern with the five-year trends; suggesting that the increasing rates for participation in certain activities have not yet reached their peaks in sports like rugby, sand volleyball, and ice hockey. However, four sports that increased rapidly over the past five years have undergone decline in 2016, including lacrosse, field hockey, squash, and boxing for competition. The reversal of the five-year trends in these sports may be due to a relatively low user base (about 1 million) and could suggest that participation in these activities may have peaked. Exiting individuals from these declining activities are mostly causal participants that may switch to a variety of other sports or fitness activities.

The most popular sports such as basketball and baseball have a larger core participant base (engaged in this activity more than 13 times annually) than casual participant base (engaged at least 1 time annually). Less mainstream sports such as ultimate Frisbee, roller hockey, squash and boxing for competition have more casual participants who engaged in these sports in a low frequency. Although, for the five-year trends, these sports have been increasing in participation, people joining were mostly casual participants who engaged less frequently than the more dedicated, core participant base and may switch to other sports or fitness activities, explaining the declining one-year trends.

| National Participatory Trends - General Sports |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Activity | Participation Levels |  |  | \% Change |  |
|  | 2011 | 2015 | 2016 | 11-16 | 15-16 |
| Golf (2015 data*) | 26,122 | 24,700 | 24,120 | -7.7\% | -2.3\% |
| Basketball | 24,790 | 23,410 | 22,343 | -9.9\% | -4.6\% |
| Tennis | 17,772 | 17,963 | 18,079 | 1.7\% | 0.6\% |
| Baseball | 13,561 | 13,711 | 14,760 | 8.8\% | 7.7\% |
| Soccer (Outdoor) | 13,667 | 12,646 | 11,932 | -12.7\% | -5.6\% |
| Softball (Slow Pitch) | 7,809 | 7,114 | 7,690 | -1.5\% | 8.1\% |
| Badminton | 7,135 | 7,198 | 7,354 | 3.1\% | 2.2\% |
| Volleyball (Court) | 6,662 | 6,423 | 6,216 | -6.7\% | -3.2\% |
| Football, Flag | 6,325 | 5,829 | 6,173 | -2.4\% | 5.9\% |
| Football, Touch | 7,684 | 6,487 | 5,686 | -26.0\% | -12.3\% |
| Volleyball (Sand/Beach) | 4,451 | 4,785 | 5,489 | 23.3\% | 14.7\% |
| Football, Tackle | 6,448 | 6,222 | 5,481 | -15.0\% | -11.9\% |
| Gymnastics | 4,824 | 4,679 | 5,381 | 11.5\% | 15.0\% |
| Soccer (Indoor) | 4,631 | 4,813 | 5,117 | 10.5\% | 6.3\% |
| Track and Field | 4,341 | 4,222 | 4,116 | -5.2\% | -2.5\% |
| Cheerleading | 3,049 | 3,608 | 4,029 | 32.1\% | 11.7\% |
| Ultimate Frisbee | 4,868 | 4,409 | 3,673 | -24.5\% | -16.7\% |
| Racquetball | 4,357 | 3,883 | 3,579 | -17.9\% | -7.8\% |
| Pickleball | N/A | 2,506 | 2,815 | N/A | 12.3\% |
| Ice Hockey | 2,131 | 2,546 | 2,697 | 26.6\% | 5.9\% |
| Softball (Fast Pitch) | 2,400 | 2,460 | 2,467 | 2.8\% | 0.3\% |
| Lacrosse | 1,501 | 2,094 | 2,090 | 39.2\% | -0.2\% |
| Roller Hockey | 1,237 | 1,907 | 1,929 | 55.9\% | 1.2\% |
| Wrestling | 1,971 | 1,978 | 1,922 | -2.5\% | -2.8\% |
| Rugby | 850 | 1,349 | 1,550 | 82.4\% | 14.9\% |
| Squash | 1,112 | 1,710 | 1,549 | 39.3\% | -9.4\% |
| Field Hockey | 1,147 | 1,565 | 1,512 | 31.8\% | -3.4\% |
| Boxing for Competition | 747 | 1,355 | 1,210 | 62.0\% | -10.7\% |
| NOTE: Participation figures are in 000's for the US population ages 6 and over |  |  |  |  |  |
| *Golf participation is based on 2015 data, as current figures were unavailable at the time of study. |  |  |  |  |  |
| Legend: | Large Increase (greater than 25\%) | Moderate Increase (0\% to 25\%) | Moderate Decrease (0\% to -25\%) | Large Decrease (less than -25\%) |  |

## NATIONAL TRENDS IN AQUATIC ACTIVITY

Swimming is unquestionably a lifetime sport, and all aquatic activities have experienced strong participation growth among the American population. In 2016, fitness swimming is the absolute leader in overall participation ( 26.6 million) for aquatic activities, due in large part to its broad, multigenerational appeal. In the most recent year, competition swimming reported the strongest growth $(16.5 \%)$ among aquatic activities, followed by aquatic exercise (14.6\%) and fitness swimming (1.1\%).

Aquatic exercise also has a strong participation base, and has experienced steady growth since 2011. Aquatic exercise has paved the way as a less stressful form of physical activity, while allowing similar benefits as land-based exercises, including aerobic fitness, resistance training, flexibility, and better balance. Doctors are now recommending aquatic exercise for injury rehabilitation, mature patients, and patients with bone or joint problems, due to the significant reduction of stress placed on weight-bearing joints, bones, muscles, and also the effect of the water in reducing swelling from injuries.

While all activities have undergone increases over the last five years and most recently, casual participation ( $1-49$ times) is increasing much more rapidly than core participation ( $50+$ times). For the five-year timeframe, casual participants of competition swimming increased by $123.9 \%$, aquatic exercise by $27.5 \%$ and fitness swimming by $26.4 \%$. However, core participants of fitness swimming decreased by 4.8\% in 2016. From 2011 to 2016, core participation of competition swimming declined by $2.3 \%$ and aquatic exercise declined by $0.1 \%$.

| National Participatory Trends - Aquatics |  |  |  |  |  |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Activity |  | Participation Levels |  |  | \% Change |  |  |  |  |  |  |  |
|  | $\mathbf{2 0 1 1}$ | $\mathbf{2 0 1 5}$ | $\mathbf{2 0 1 6}$ | $\mathbf{1 1 - 1 6}$ | $\mathbf{1 5 - 1 6}$ |  |  |  |  |  |  |  |
| Swimming (Fitness) | $\mathbf{2 1 , 5 1 7}$ | $\mathbf{2 6 , 3 1 9}$ | $\mathbf{2 6 , 6 0 1}$ | $\mathbf{2 3 . 6 \%}$ | $\mathbf{1 . 1 \%}$ |  |  |  |  |  |  |  |
| Aquatic Exercise | 9,042 | 9,226 | 10,575 | $17.0 \%$ | $14.6 \%$ |  |  |  |  |  |  |  |
| Swimming (Competition) | 2,363 | 2,892 | 3,369 | $42.6 \%$ | $16.5 \%$ |  |  |  |  |  |  |  |
| NOTE: Participation figures are in 000's for the US population ages 6 and over |  |  |  |  |  |  |  |  |  |  |  |  |
| Legend: |  |  |  |  |  |  |  | Large Increase <br> (greater than 25\%) | Moderate Increase <br> (0\% to 25\%) | Moderate Decrease <br> (0\% to -25\%) | Large Decrease <br> (less than -25\%) |  |

## NATIONAL TRENDS IN GENERAL FITNESS

Overall, national participatory trends in fitness have experienced strong growth in recent years. Many of these activities have become popular due to an increased interest among people to improve their health by engaging in an active lifestyle - $0.4 \%$ more people reported being active to a healthy level and inactivity rate decreased by $0.2 \%$ in 2016. These activities also have very few barriers to entry, which provides a variety of options that are relatively inexpensive to participate in and can be performed by nearly anyone with no time restrictions.

The most popular fitness activity by far is fitness walking, which had about 107.9 million participants in 2016, despite a $1.8 \%$ decrease from the previous year. Other leading fitness activities based on total number of participants include treadmill ( 52 million), hand weights ( 51.5 million), running/jogging ( 47.4 million), stationary cycling ( 36.1 million), and weight/resistance machines ( 35.8 million).

Over the last five years, the activities growing most rapidly are non-traditional / off-road triathlons (108.2\%), trail running (59.7\%), traditional road triathlons (40.8\%), high impact aerobics (35.8\%), and tai chi $(24.6 \%)$. For the same time frame, the activities that have undergone the most decline include boot camp style cross training ( $-14.6 \%$ ), weight/resistant machines ( $-9.6 \%$ ), running/jogging ( $-5.3 \%$ ), and fitness walking ( $-4.3 \%$ ).

In the last year, activities with the largest gains in participation included stair climbing machine (13.9\%), bodyweight exercise ( $13.4 \%$ ), and cross training style workout (10.3\%). From 2015 to 2016, the activities that had the most decline in participation were Barre $(-7.1 \%)$, hand weights ( $-5.9 \%$ ), stretching $(-5.6 \%)$, and boxing for fitness ( $-4.5 \%$ ).

It should be noted that many of the activities growing most rapidly have a relatively low user base, which allows for more drastic shifts in terms of percentage, especially for five-year trends. Increasing casual participants may also explain the rapid growth in some activities. For instance, core/casual participation trends showed that over the last five years, casual participants increased drastically in high impact aerobics ( $62 \%$ ) and tai chi ( $36.8 \%$ ), while core participant base of both activities experienced more steady growth.

Recent declines in extremely popular activities, such as fitness walking and running / jogging, paired with widespread growth in activities with lower participation levels, may suggest that those engaging in fitness activities are actively looking for new forms of exercise. However, popular activities like traditional and non-traditional triathlons had larger core than casual participant base.

| National Participatory Trends - General Fitness |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Activity | Participation Levels |  |  | \% Change |  |
|  | 2011 | 2015 | 2016 | 11-16 | 15-16 |
| Fitness Walking | 112,715 | 109,829 | 107,895 | -4.3\% | -1.8\% |
| Treadmill | 53,260 | 50,398 | 51,972 | -2.4\% | 3.1\% |
| Free Weights (Dumbbells/Hand Weights) | N/A | 54,716 | 51,513 | N/A | -5.9\% |
| Running/Jogging | 50,061 | 48,496 | 47,384 | -5.3\% | -2.3\% |
| Stationary Cycling (Recumbent/Upright) | 36,341 | 35,553 | 36,118 | -0.6\% | 1.6\% |
| Weight/Resistant Machines | 39,548 | 35,310 | 35,768 | -9.6\% | 1.3\% |
| Stretching | 34,687 | 35,776 | 33,771 | -2.6\% | -5.6\% |
| Elliptical Motion Trainer | 29,734 | 32,321 | 32,218 | 8.4\% | -0.3\% |
| Free Weights (Barbells) | 27,056 | 25,381 | 26,473 | -2.2\% | 4.3\% |
| Yoga | 22,107 | 25,289 | 26,268 | 18.8\% | 3.9\% |
| Calisthenics/Bodyweight Exercise | N/A | 22,146 | 25,110 | N/A | 13.4\% |
| Choreographed Exercise | N/A | 21,487 | 21,839 | N/A | 1.6\% |
| Aerobics (High Impact) | 15,755 | 20,464 | 21,390 | 35.8\% | 4.5\% |
| Stair Climbing Machine | 13,409 | 13,234 | 15,079 | 12.5\% | 13.9\% |
| Cross-Training Style Workout | N/A | 11,710 | 12,914 | N/A | 10.3\% |
| Stationary Cycling (Group) | 8,738 | 8,677 | 8,937 | 2.3\% | 3.0\% |
| Pilates Training | 8,507 | 8,594 | 8,893 | 4.5\% | 3.5\% |
| Trail Running | 5,373 | 8,139 | 8,582 | 59.7\% | 5.4\% |
| Cardio Kickboxing | 6,488 | 6,708 | 6,899 | 6.3\% | 2.8\% |
| Boot Camp Style Cross-Training | 7,706 | 6,722 | 6,583 | -14.6\% | -2.1\% |
| Martial Arts | 5,037 | 5,507 | 5,745 | 14.1\% | 4.3\% |
| Boxing for Fitness | 4,631 | 5,419 | 5,175 | 11.7\% | -4.5\% |
| Tai Chi | 2,975 | 3,651 | 3,706 | 24.6\% | 1.5\% |
| Barre | N/A | 3,583 | 3,329 | N/A | -7.1\% |
| Triathlon (Traditional/Road) | 1,686 | 2,498 | 2,374 | 40.8\% | -5.0\% |
| Triathlon (Non-Traditional/Off Road) | 819 | 1,744 | 1,705 | 108.2\% | -2.2\% |
| NOTE: Participation figures are in 000's for the US population ages 6 and over |  |  |  |  |  |
| Legend: | $\begin{aligned} & \text { Large Increase } \\ & \text { (greater than 25\%) } \end{aligned}$ | Moderate Increase (0\% to 25\%) | Moderate Decrease (0\% to -25\%) | Large Decrease (less than $-25 \%$ ) |  |

## NATIONAL TRENDS IN OUTDOOR RECREATION

Results from the Participation Report demonstrate a dichotomy of growth and attrition among outdoor / adventure recreation activities. Much like the general fitness activities, these activities encourage an active lifestyle, can be performed individually or within a group, and are not limited by time restraints.

In 2016, the most popular activities, in terms of total participants, from the outdoor / adventure recreation category include day hiking ( 42.1 million), road bicycling ( 38.4 million), freshwater fishing ( 38.1 million), and camping within $1 / 4$ mile of vehicle/home ( 26.5 million).

From 2011-2016, adventure racing (149.5\%), BMX bicycling (58.5\%), traditional climbing (46.5\%), and backpacking overnight (31.5\%) have undergone the largest increases. More recently, activities growing most rapidly in the last year were BMX bicycling (15.4\%), day hiking (13.1\%), traditional climbing (8.5\%), and recreational vehicle camping (7.9\%).

The five-year trend shows activities declining most rapidly were in-line roller skating (-27.8\%), camping within $1 / 4$ mile of home/vehicle ( $-17.2 \%$ ), and bird watching ( $-11.3 \%$ ). The recent year trend experiences a relatively smaller decline but includes similar activities as the five-year trend. The activities experiencing declines were bird watching ( $-11.5 \%$ ), in-line roller skating ( $-10.7 \%$ ), fly fishing ( $-5.7 \%$ ), and camping within $1 / 4$ mile of home/vehicle ( $-4.6 \%$ ).

Regarding the national trend of outdoor activities participation on the rise, all casual participation except for in-line roller skating had increased over the last five years. The decline in participation over the last five years was mainly ascribed to decreases in core participants for activities such as skateboarding ($14.2 \%$ ), RV camping ( $-11.2 \%$ ), freshwater fishing ( $-8.7 \%$ ), road bicycling ( $-7.7 \%$ ) and fly fishing ( $-7.5 \%$ ). Most recently, both core and casual participation were on the decline for archery and in-line roller skating.

| National Participatory Trends - Outdoor / Adventure Recreation |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Activity | Participation Levels |  |  | \% Change |  |
|  | 2011 | 2015 | 2016 | 11-16 | 15-16 |
| Hiking (Day) | 33,494 | 37,232 | 42,128 | 25.8\% | 13.1\% |
| Bicycling (Road) | 39,834 | 38,280 | 38,365 | -3.7\% | 0.2\% |
| Fishing (Freshwater) | 38,864 | 37,682 | 38,121 | -1.9\% | 1.2\% |
| Camping (<1/4 Mile of Vehicle/Home) | 31,961 | 27,742 | 26,467 | -17.2\% | -4.6\% |
| Wildlife Viewing (>1/4 Mile of Home/Vehicle) | 21,495 | 20,718 | 20,746 | -3.5\% | 0.1\% |
| Camping (Recreational Vehicle) | 16,282 | 14,699 | 15,855 | -2.6\% | 7.9\% |
| Fishing (Saltwater) | 11,896 | 11,975 | 12,266 | 3.1\% | 2.4\% |
| Birdwatching (>1/4 mile of Vehicle/Home) | 13,067 | 13,093 | 11,589 | -11.3\% | -11.5\% |
| Backpacking Overnight | 7,722 | 10,100 | 10,151 | 31.5\% | 0.5\% |
| Bicycling (Mountain) | 6,989 | 8,316 | 8,615 | 23.3\% | 3.6\% |
| Archery | 6,471 | 8,378 | 7,903 | 22.1\% | -5.7\% |
| Fishing (Fly) | 5,581 | 6,089 | 6,456 | 15.7\% | 6.0\% |
| Skateboarding | 6,318 | 6,436 | 6,442 | 2.0\% | 0.1\% |
| Roller Skating, In-Line | 7,451 | 6,024 | 5,381 | -27.8\% | -10.7\% |
| Climbing (Sport/Indoor/Boulder) | 4,445 | 4,684 | 4,905 | 10.3\% | 4.7\% |
| Bicycling (BMX) | 1,958 | 2,690 | 3,104 | 58.5\% | 15.4\% |
| Adventure Racing | 1,202 | 2,864 | 2,999 | 149.5\% | 4.7\% |
| Climbing (Traditional/Ice/Mountaineering) | 1,904 | 2,571 | 2,790 | 46.5\% | 8.5\% |
| NOTE: Participation figures are in 000's for the US population ages 6 and over |  |  |  |  |  |
| Legend: | $\begin{aligned} & \text { Large Increase } \\ & \text { (greater than } 25 \% \text { ) } \end{aligned}$ | Moderate Increase (0\% to 25\%) | Moderate Decrease (0\% to -25\%) | Large Decrease (less than -25\%) |  |

## NATIONAL TRENDS IN WATER SPORTS / ACTIVITIES

The most popular water sports / activities based on total participants in 2016 were canoeing ( 10 million), recreational kayaking ( 10 million), and snorkeling ( 8.7 million). It should be noted that water activity participation tends to vary based on regional, seasonal and environmental factors. A region with more water access and a warmer climate could potentially have a higher participation rate in water activities than a region that has long winter seasons or experiences drought. Therefore, when assessing trends in water sports and activities, it is important to understand that fluctuations may be the result of weather patterns and that regional accessibility can greatly improve, or diminish, participation in water activities.

Over the last five years, stand-up paddling (up 181\%) was by far the fastest growing water activity, followed by white water kayaking ( $50.6 \%$ ), sea / touring kayaking ( $49.7 \%$ ), recreational kayaking ( $36.3 \%$ ), and boardsailing / windsurfing ( $25.5 \%$ ). Although the five-year trends show water sports / activities are getting more popular, the most recent year reflects a much slower increase in general -- stand-up paddling by $6.6 \%$, recreational kayaking by $5.5 \%$, and surfing by $4.4 \%$.

From 2011-2016, activities declining most rapidly were jet skiing (-23.6\%), water skiing (-20\%), and rafting $(-17.2 \%)$. In the most recent year, activities experiencing the greatest declines in participation included rafting ( $-11.7 \%$ ), wakeboarding ( $-9.7 \%$ ), jet skiing ( $-7.7 \%$ ), and water skiing ( $-6.3 \%$ ).

As mentioned previously, regional, seasonal and environmental limiting factors may influence the participation rate of water sport and activities. These factors may also explain why in almost all waterbased activities there are more casual participants than core participants, since frequencies of activities may be heavily constrained by external factors.

| National Participatory Trends - Water Sports / Activities |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Activity | Participation Levels |  |  | \% Change |  |
|  | 2011 | 2015 | 2016 | 11-16 | 15-16 |
| Canoeing | 10,170 | 10,236 | 10,046 | -1.2\% | -1.9\% |
| Kayaking (Recreational) | 7,347 | 9,499 | 10,017 | 36.3\% | 5.5\% |
| Snorkeling | 9,312 | 8,874 | 8,717 | -6.4\% | -1.8\% |
| Jet Skiing | 7,574 | 6,263 | 5,783 | -23.6\% | -7.7\% |
| Sailing | 3,797 | 4,099 | 4,095 | 7.8\% | -0.1\% |
| Water Skiing | 4,626 | 3,948 | 3,700 | -20.0\% | -6.3\% |
| Rafting | 4,141 | 3,883 | 3,428 | -17.2\% | -11.7\% |
| Stand-Up Paddling | 1,146 | 3,020 | 3,220 | 181.0\% | 6.6\% |
| Kayaking (Sea/Touring) | 2,087 | 3,079 | 3,124 | 49.7\% | 1.5\% |
| Scuba Diving | 2,866 | 3,274 | 3,111 | 8.5\% | -5.0\% |
| Wakeboarding | 3,517 | 3,226 | 2,912 | -17.2\% | -9.7\% |
| Surfing | 2,481 | 2,701 | 2,793 | 12.6\% | 3.4\% |
| Kayaking (White Water) | 1,694 | 2,518 | 2,552 | 50.6\% | 1.4\% |
| Boardsailing/Windsurfing | 1,384 | 1,766 | 1,737 | 25.5\% | -1.6\% |
| NOTE: Participation figures are in 000's for the US population ages 6 and over |  |  |  |  |  |
| Legend: | Large Increase (greater than 25\%) | Moderate Increase (0\% to 25\%) | Moderate Decrease (0\% to -25\%) | Large Decrease (less than -25\%) |  |

## NATIONAL TRENDS IN INACTIVITY

In 2016, 27.5\% of Americans were inactive. The inactivity rate has decreased by $0.2 \%$ and more than 2 million people exited the category of 'inactives'. However, there were more than 81.4 million Americans reported no physical activities in 2016. Over the five-year timeframe, although the inactivity rate has experienced a $0.1 \%$ decrease, 2.6 million more people have become inactive.

*Source: Sports, Fitness, and Leisure Activities Topline Participation Report 2017, SFIA

## INACTIVITY AND INCOME

A negative correlation between inactivity and income level was evident in the last five years. Lower income households tend to have higher inactivity rate. Households with annual income under $\$ 25 \mathrm{~K}$ have an inactivity rate of $41.4 \%$ in 2016, which is significantly higher than any other income group. Since 2012, a contrasting trend for inactivity has emerged in households earning above and below \$50,000 annually. In these instances, more initiatives that offer discounted sports and recreation programs and increased accessibility to recreational opportunities in low income areas will be needed to lower the inactivity rate.

*Source: Sports, Fitness, and Leisure Activities Topline Participation Report 2017, SFIA

## INACTIVITY BY AGE SEGMENT

In general, inactivity rates increase as participants age. Generation Z (age 6-17) remained the most active and the boomers (age $55+$ ) had the highest inactive rate. Most recently, no age segment has experienced an increase in inactivity. In the last year, the youngest participants (age 6-12), the second half of Gen X (age $45-54$ ), and the youngest Boomers (age $55-64$ ) underwent the sharpest decline in inactivity; while all other age segments remained relatively flat. Over the five-year period, the first half of millennials (age 18-24) and second half of Boomers (age 65+) experienced substantial decreases in the inactive rate, countered by increases in inactivity for the $25-34,45-54$, and $55-64$ age segments.

## Inactivity Rate by Age Segments


*Source: Sports, Fitness, and Leisure Activities Topline Participation Report 2017, SFIA

## NON-PARTICIPANT ASPIRATIONAL INTEREST

Among the population who are inactive, aspirational participation trends reveal what might prevent 'inactives' from joining sports or fitness activities. The trends suggested that one major barrier to higher rates of activity is a lack of companionship in fitness activities. Among those surveyed, $43 \%$ of nonparticipants said that fitness or sports activity would be more enjoyable if there were someone to take part with, and $31.3 \%$ of non-participants would engage in physical activities if accompanied by a friend.

## NATIONAL TRENDS IN FITNESS AND SPORTS SPENDING

Overall, fitness and sports related spending decreased slightly over the past three years. As outdoor recreation activities become more popular, spending in the category increased in the most recent year. Gym membership/fee and travel expenses for recreation have also undergone increases in fitness spending over the past year. Noticeably, spending on team sports, both at and outside school, has seen relatively large declines in 2016.

Ownership of health and fitness tracking devices has also increased in recent years. More than a quarter of all active participants owned a fitness tracking device in 2016, which includes fitness trackers that sync with computer/tablet/smartphone, pedometer, and heart rate monitor. Wearable fitness tracking is becoming the most popular tracking option for both active and inactive participants.

*Source: Sports, Fitness, and Leisure Activities Topline Participation Report 2017, SFIA
city of | UPPER

## ARLINGTON

CORE VS CASUAL PARTICIPATION TRENDS

GENERAL SPORTS

National Core vs Casual Participatory Trends - General Sports

| Activity | Participation Levels |  |  |  |  |  | \% Change |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2011 |  | 2015 |  | 2016 |  | 11-16 | 15-16 |
|  | \# | \% | \# | \% | \# | \% |  |  |
| Soccer (Indoor) | 4,631 | 100\% | 4,813 | 100\% | 5,117 | 100\% | 10.5\% | 6.3\% |
| Casual (1-12 times) | 2,120 | 46\% | 2,157 | 45\% | 2,347 | 46\% | 10.7\% | 8.8\% |
| Core(13+ times) | 2,511 | 54\% | 2,656 | 55\% | 2,770 | 54\% | 10.3\% | 4.3\% |
| Track and Field | 4,341 | 100\% | 4,222 | 100\% | 4,116 | 100\% | -5.2\% | -2.5\% |
| Casual (1-25 times) | 1,830 | 42\% | 1,973 | 47\% | 1,961 | 48\% | 7.2\% | -0.6\% |
| Core(26+ times) | 2,511 | 58\% | 2,249 | 53\% | 2,155 | 52\% | -14.2\% | -4.2\% |
| Cheerleading | 3,049 | 100\% | 3,608 | 100\% | 4,029 | 100\% | 32.1\% | 11.7\% |
| Casual (1-25 times) | 1,487 | 49\% | 1,968 | 55\% | 2,365 | 59\% | 59.0\% | 20.2\% |
| Core(26+ times) | 1,562 | 51\% | 1,640 | 45\% | 1,664 | 41\% | 6.5\% | 1.5\% |
| Ultimate Frisbee | 4,868 | 100\% | 4,409 | 100\% | 3,673 | 100\% | -24.5\% | -16.7\% |
| Casual (1-12 times) | 3,391 | 70\% | 3,371 | 76\% | 2,746 | 75\% | -19.0\% | -18.5\% |
| Core(13+ times) | 1,476 | 30\% | 1,038 | 24\% | 927 | 25\% | -37.2\% | -10.7\% |
| Racquetball | 4,357 | 100\% | 3,883 | 100\% | 3,579 | 100\% | -17.9\% | -7.8\% |
| Casual (1-12 times) | 2,587 | 59\% | 2,628 | 68\% | 2,488 | 70\% | -3.8\% | -5.3\% |
| Core(13+ times) | 1,772 | 41\% | 1,255 | 32\% | 1,092 | 30\% | -38.4\% | -13.0\% |
| Ice Hockey | 2,131 | 100\% | 2,546 | 100\% | 2,697 | 100\% | 26.6\% | 5.9\% |
| Casual (1-12 times) | 957 | 45\% | 1,219 | 48\% | 1,353 | 50\% | 41.4\% | 11.0\% |
| Core(13+ times) | 1,174 | 55\% | 1,326 | 52\% | 1,344 | 50\% | 14.5\% | 1.4\% |
| Softball (Fast Pitch) | 2,400 | 100\% | 2,460 | 100\% | 2,467 | 100\% | 2.8\% | 0.3\% |
| Casual (1-25 times) | 1,235 | 51\% | 1,187 | 48\% | 1,198 | 49\% | -3.0\% | 0.9\% |
| Core(26+ times) | 1,166 | 49\% | 1,273 | 52\% | 1,269 | 51\% | 8.8\% | -0.3\% |
| Lacrosse | 1,501 | 100\% | 2,094 | 100\% | 2,090 | 100\% | 39.2\% | -0.2\% |
| Casual (1-12 times) | 701 | 47\% | 1,146 | 55\% | 1,153 | 55\% | 64.5\% | 0.6\% |
| Core(13+ times) | 800 | 53\% | 947 | 45\% | 938 | 45\% | 17.3\% | -1.0\% |
| Roller Hockey | 1,237 | 100\% | 1,907 | 100\% | 1,929 | 100\% | 55.9\% | 1.2\% |
| Casual (1-12 times) | 834 | 67\% | 1,382 | 72\% | 1,438 | 75\% | 72.4\% | 4.1\% |
| Core(13+ times) | 404 | 33\% | 525 | 28\% | 491 | 25\% | 21.5\% | -6.5\% |
| Wrestling | 1,971 | 100\% | 1,978 | 100\% | 1,922 | 100\% | -2.5\% | -2.8\% |
| Casual (1-25 times) | 915 | 46\% | 1,094 | 55\% | 1,139 | 59\% | 24.5\% | 4.1\% |
| Core(26+ times) | 1,056 | 54\% | 885 | 45\% | 782 | 41\% | -25.9\% | -11.6\% |
| Rugby | 850 | 100\% | 1,349 | 100\% | 1,550 | 100\% | 82.4\% | 14.9\% |
| Casual (1-7 times) | 544 | 64\% | 918 | 68\% | 1,090 | 70\% | 100.4\% | 18.7\% |
| Core(8+ times) | 306 | 36\% | 431 | 32\% | 460 | 30\% | 50.3\% | 6.7\% |
| Squash | 1,112 | 100\% | 1,710 | 100\% | 1,549 | 100\% | 39.3\% | -9.4\% |
| Casual (1-7 times) | 725 | 65\% | 1,293 | 76\% | 1,111 | 72\% | 53.2\% | -14.1\% |
| Core(8+ times) | 387 | 35\% | 417 | 24\% | 437 | 28\% | 12.9\% | 4.8\% |
| Field Hockey | 1,147 | 100\% | 1,565 | 100\% | 1,512 | 100\% | 31.8\% | -3.4\% |
| Casual (1-7 times) | 536 | 47\% | 831 | 53\% | 773 | 51\% | 44.2\% | -7.0\% |
| Core(8+ times) | 611 | 53\% | 734 | 47\% | 739 | 49\% | 20.9\% | 0.7\% |
| Boxing for Competition | 747 | 100\% | 1,355 | 100\% | 1,210 | 100\% | 62.0\% | -10.7\% |
| Casual (1-12 times) | 516 | 69\% | 1,166 | 86\% | 1,035 | 86\% | 100.6\% | -11.2\% |
| Core(13+ times) | 232 | 31\% | 190 | 14\% | 176 | 14\% | -24.1\% | -7.4\% |
| NOTE: Participation figures are in 000's for the US population ages 6 and over |  |  |  |  |  |  |  |  |
| Participation Growth/Decline | Large Increase (greater than 25\%) |  | Moderate Increase (0\%to 25\%) |  | Moderate Decrease (0\%to -25\%) |  | Large Decrease (less than-25\%) |  |
| Core vs Casual Distribution | Mostly Core Participants (greater than $75 \%$ ) |  | More Core Participants (56$74 \%$ ) |  | Evenly Divided (45-55\%Core and Casual) |  | More Casual Participants <br> (56-74\%) | Mostly Casual Participants (greater than 75\%) |

## GENERAL FITNESS

| National Core vs Casual Participatory Trends - General Fitness |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Activity | Participation Levels |  |  |  |  |  | \% Change |  |
|  | 2011 |  | 2015 |  | 2016 |  | 11-16 | 15-16 |
|  | \# | \% | \# | \% | \# | \% |  |  |
| Aerobics (High Impact) | 15,755 | 100\% | 20,464 | 100\% | 21,390 | 100\% | 35.8\% | 4.5\% |
| Casual (1-49 times) | 7,283 | 46\% | 11,723 | 57\% | 11,801 | 55\% | 62.0\% | 0.7\% |
| Core(50+ times) | 8,473 | 54\% | 8,742 | 43\% | 9,589 | 45\% | 13.2\% | 9.7\% |
| Stair Climbing Machine | 13,409 | 100\% | 13,234 | 100\% | 15,079 | 100\% | 12.5\% | 13.9\% |
| Casual (1-49 times) | 7,559 | 56\% | 7,960 | 60\% | 9,332 | 62\% | 23.5\% | 17.2\% |
| Core(50+ times) | 5,850 | 44\% | 5,275 | 40\% | 5,747 | 38\% | -1.8\% | 8.9\% |
| Cross-Training Style Workout | N/A | - | 11,710 | 100\% | 12,914 | 100\% | N/A | 10.3\% |
| Casual (1-49 times) | N/A | - | 6,038 | 52\% | 6,430 | 50\% | N/A | 6.5\% |
| Core(50+ times) | N/A | - | 5,672 | 48\% | 6,483 | 50\% | N/A | 14.3\% |
| Stationary Cycling (Group) | 8,738 | 100\% | 8,677 | 100\% | 8,937 | 100\% | 2.3\% | 3.0\% |
| Casual (1-49 times) | 5,088 | 58\% | 5,561 | 64\% | 5,751 | 64\% | 13.0\% | 3.4\% |
| Core(50+ times) | 3,650 | 42\% | 3,116 | 36\% | 3,186 | 36\% | -12.7\% | 2.2\% |
| Pilates Training | 8,507 | 100\% | 8,594 | 100\% | 8,893 | 100\% | 4.5\% | 3.5\% |
| Casual (1-49 times) | 5,191 | 61\% | 5,201 | 61\% | 5,525 | 62\% | 6.4\% | 6.2\% |
| Core(50+ times) | 3,316 | 39\% | 3,394 | 39\% | 3,367 | 38\% | 1.5\% | -0.8\% |
| Cardio Kickboxing | 6,488 | 100\% | 6,708 | 100\% | 6,899 | 100\% | 6.3\% | 2.8\% |
| Casual (1-49 times) | 4,411 | 68\% | 4,579 | 68\% | 4,760 | 69\% | 7.9\% | 4.0\% |
| Core(50+ times) | 2,077 | 32\% | 2,129 | 32\% | 2,139 | 31\% | 3.0\% | 0.5\% |
| Boot Camp Style Cross-Training | 7,706 | 100\% | 6,722 | 100\% | 6,583 | 100\% | -14.6\% | -2.1\% |
| Casual (1-49 times) | 4,818 | 63\% | 4,488 | 67\% | 4,484 | 68\% | -6.9\% | -0.1\% |
| Core(50+ times) | 2,888 | 37\% | 2,234 | 33\% | 2,099 | 32\% | -27.3\% | -6.0\% |
| Martial Arts | 5,037 | 100\% | 5,507 | 100\% | 5,745 | 100\% | 14.1\% | 4.3\% |
| Casual (1-12 times) | 1,171 | 23\% | 1,793 | 33\% | 1,964 | 34\% | 67.7\% | 9.5\% |
| Core(13+ times) | 3,866 | 77\% | 3,714 | 67\% | 3,780 | 66\% | -2.2\% | 1.8\% |
| Boxing for Fitness | 4,631 | 100\% | 5,419 | 100\% | 5,175 | 100\% | 11.7\% | -4.5\% |
| Casual (1-12 times) | 2,228 | 48\% | 2,787 | 51\% | 2,678 | 52\% | 20.2\% | -3.9\% |
| Core(13+ times) | 2,404 | 52\% | 2,633 | 49\% | 2,496 | 48\% | 3.8\% | -5.2\% |
| Tai Chi | 2,975 | 100\% | 3,651 | 100\% | 3,706 | 100\% | 24.6\% | 1.5\% |
| Casual (1-49 times) | 1,641 | 55\% | 2,237 | 61\% | 2,245 | 61\% | 36.8\% | 0.4\% |
| Core(50+ times) | 1,334 | 45\% | 1,415 | 39\% | 1,461 | 39\% | 9.5\% | 3.3\% |
| Barre | N/A | - | 3,583 | 100\% | 3,329 | 100\% | N/A | -7.1\% |
| Casual (1-49 times) | N/A | - | 2,881 | 80\% | 2,636 | 79\% | N/A | -8.5\% |
| Core(50+ times) | N/A | - | 703 | 20\% | 693 | 21\% | N/A | -1.4\% |
| Triathlon (Traditional/Road) | 1,686 | 100\% | 2,498 | 100\% | 2,374 | 100\% | 40.8\% | -5.0\% |
| Casual (1 times) | 519 | 31\% | 763 | 31\% | 786 | 33\% | 51.4\% | 3.0\% |
| Core(2+times) | 1,167 | 69\% | 1,735 | 69\% | 1,589 | 67\% | 36.2\% | -8.4\% |
| Triathlon (Non-Traditional/Off Road) | 819 | 100\% | 1,744 | 100\% | 1,705 | 100\% | 108.2\% | -2.2\% |
| Casual (1 times) | 167 | 20\% | 589 | 34\% | 647 | 38\% | 287.4\% | 9.8\% |
| Core(2+ times) | 653 | 80\% | 1,154 | 66\% | 1,058 | 62\% | 62.0\% | -8.3\% |
| NOTE: Participation figures are in 000's for the US population ages 6 and over |  |  |  |  |  |  |  |  |
| Participation Growth/Decline | Large Increase (greater than 25\%) |  | Moderate Increase (0\% to $25 \%$ ) |  | Moderate Decrease (0\%to -25\%) |  | Large Decrease (less than -25\%) |  |
| Core vs Casual Distribution | Mostly Core Participants (greater than 75\%) |  | More Core Participants (56-$74 \%$ ) |  | Evenly Divided (45-55\%Core and Casual) |  | More Casual Participants (56-74\%) | Mostly Casual Participants (greater than $75 \%$ ) |

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## OUTDOOR / ADVENTURE RECREATION

National Core vs Casual Participatory Trends - Outdoor / Adventure Recreation

| Activity | Participation Levels |  |  |  |  |  | \% Change |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2011 |  | 2015 |  | 2016 |  | 11-16 | 15-16 |
|  | \# | \% | \# | \% | \# | \% |  |  |
| Bicycling (Road) | 39,834 | 100\% | 38,280 | 100\% | 38,365 | 100\% | -3.7\% | 0.2\% |
| Casual (1-25 times) | 19,127 | 48\% | 18,845 | 49\% | 19,244 | 50\% | 0.6\% | 2.1\% |
| Core(26+ times) | 20,708 | 52\% | 19,435 | 51\% | 19,121 | 50\% | -7.7\% | -1.6\% |
| Fishing (Freshwater) | 38,864 | 100\% | 37,682 | 100\% | 38,121 | 100\% | -1.9\% | 1.2\% |
| Casual (1-7 times) | 19,363 | 50\% | 20,206 | 54\% | 20,308 | 53\% | 4.9\% | 0.5\% |
| Core(8+ times) | 19,501 | 50\% | 17,476 | 46\% | 17,813 | 47\% | -8.7\% | 1.9\% |
| Camping (Recreational Vehicle) | 16,282 | 100\% | 14,699 | 100\% | 15,855 | 100\% | -2.6\% | 7.9\% |
| Casual (1-7 times) | 8,250 | 51\% | 7,843 | 53\% | 8,719 | 55\% | 5.7\% | 11.2\% |
| Core(8+ times) | 8,033 | 49\% | 6,856 | 47\% | 7,136 | 45\% | -11.2\% | 4.1\% |
| Fishing (Saltwater) | 11,896 | 100\% | 11,975 | 100\% | 12,266 | 100\% | 3.1\% | 2.4\% |
| Casual (1-7 times) | 7,119 | 60\% | 6,971 | 58\% | 7,198 | 59\% | 1.1\% | 3.3\% |
| Core(8+ times) | 4,777 | 40\% | 5,004 | 42\% | 5,068 | 41\% | 6.1\% | 1.3\% |
| Bicycling (Mountain) | 6,989 | 100\% | 8,316 | 100\% | 8,615 | 100\% | 23.3\% | 3.6\% |
| Casual (1-12 times) | 3,218 | 46\% | 3,862 | 46\% | 4,273 | 50\% | 32.8\% | 10.6\% |
| Core(13+ times) | 3,771 | 54\% | 4,454 | 54\% | 4,342 | 50\% | 15.1\% | -2.5\% |
| Archery | 6,471 | 100\% | 8,378 | 100\% | 7,903 | 100\% | 22.1\% | -5.7\% |
| Casual (1-25 times) | 5,546 | 86\% | 7,038 | 84\% | 6,650 | 84\% | 19.9\% | -5.5\% |
| Core(26+ times) | 926 | 14\% | 1,340 | 16\% | 1,253 | 16\% | 35.3\% | -6.5\% |
| Fishing (Fly) | 5,581 | 100\% | 6,089 | 100\% | 6,456 | 100\% | 15.7\% | 6.0\% |
| Casual (1-7 times) | 3,123 | 56\% | 3,843 | 63\% | 4,183 | 65\% | 33.9\% | 8.8\% |
| Core(8+ times) | 2,457 | 44\% | 2,246 | 37\% | 2,273 | 35\% | -7.5\% | 1.2\% |
| Skateboarding | 6,318 | 100\% | 6,436 | 100\% | 6,442 | 100\% | 2.0\% | 0.1\% |
| Casual (1-25 times) | 3,420 | 54\% | 3,867 | 60\% | 3,955 | 61\% | 15.6\% | 2.3\% |
| Core(26+ times) | 2,897 | 46\% | 2,569 | 40\% | 2,487 | 39\% | -14.2\% | -3.2\% |
| Roller Skating (In-Line) | 7,451 | 100\% | 6,024 | 100\% | 5,381 | 100\% | -27.8\% | -10.7\% |
| Casual (1-12 times) | 5,055 | 68\% | 4,246 | 70\% | 3,861 | 72\% | -23.6\% | -9.1\% |
| Core(13+ times) | 2,397 | 32\% | 1,778 | 30\% | 1,520 | 28\% | -36.6\% | -14.5\% |
| Bicycling (BMX) | 1,958 | 100\% | 2,690 | 100\% | 3,104 | 100\% | 58.5\% | 15.4\% |
| Casual (1-12 times) | 807 | 41\% | 1,457 | 54\% | 1,760 | 57\% | 118.1\% | 20.8\% |
| Core(13+ times) | 1,152 | 59\% | 1,233 | 46\% | 1,344 | 43\% | 16.7\% | 9.0\% |
| Adventure Racing | 1,202 | 100\% | 2,864 | 100\% | 2,999 | 100\% | 149.5\% | 4.7\% |
| Casual (1 times) | 337 | 28\% | 1,121 | 39\% | 1,081 | 36\% | 220.8\% | -3.6\% |
| Core(2+times) | 866 | 72\% | 1,743 | 61\% | 1,918 | 64\% | 121.5\% | 10.0\% |

NOTE: Participation figures are in 000's for the US population ages 6 and over

| Participation Growth/Decline | Large Increase (greater than 25\%) | Moderate Increase (0\%to 25\%) | Moderate Decrease (0\%to -25\%) | Large Decrease (less than -25\%) |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Core vs Casual Distribution | Mostly Core Participants (greater than $75 \%$ ) | More Core Participants (5674\%) | Evenly Divided (45-55\% Core and Casual) | More Casual Participants (56-74\%) | Mostly Casual Participants (greater than 75\%) |

## AQUATICS

| National Core vs Casual Participatory Trends - Aquatics |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Activity | Participation Levels |  |  |  |  |  | \% Change |  |
|  | 2011 |  | 2015 |  | 2016 |  | 11-16 | 15-16 |
|  | \# | \% | \# | \% | \# | \% |  |  |
| Swimming (Fitness) | 21,517 | 100\% | 26,319 | 100\% | 26,601 | 100\% | 23.6\% | 1.1\% |
| Casual (1-49 times) | 14,065 | 65\% | 17,059 | 65\% | 17,781 | 67\% | 26.4\% | 4.2\% |
| Core(50+ times) | 7,453 | 35\% | 9,260 | 35\% | 8,820 | 33\% | 18.3\% | -4.8\% |
| Aquatic Exercise | 9,042 | 100\% | 9,226 | 100\% | 10,575 | 100\% | 17.0\% | 14.6\% |
| Casual (1-49 times) | 5,598 | 62\% | 5,991 | 65\% | 7,135 | 67\% | 27.5\% | 19.1\% |
| Core(50+ times) | 3,444 | 38\% | 3,236 | 35\% | 3,440 | 33\% | -0.1\% | 6.3\% |
| Swimming (Competition) | 2,363 | 100\% | 2,892 | 100\% | 3,369 | 100\% | 42.6\% | 16.5\% |
| Casual (1-49 times) | 840 | 36\% | 1,482 | 51\% | 1,881 | 56\% | 123.9\% | 26.9\% |
| Core(50+ times) | 1,523 | 64\% | 1,411 | 49\% | 1,488 | 44\% | -2.3\% | 5.5\% |
| NOTE: Participation figures are in 000's for the US population ages 6 and over |  |  |  |  |  |  |  |  |
| Participation Growth/Decline | Large Increase (greater than $25 \%$ ) |  | Moderate Increase (0\%to $25 \%$ ) |  | M oderate Decrease (0\%to -25\%) |  | Large Decrease (less than -25\%) |  |
| Core vs Casual Distribution | Mostly Core Participants (greater than $75 \%$ ) |  | More Core Participants (56$74 \%$ ) |  | Evenly Divided (45-55\% Core and Casual) |  | More Casual Participants (56-74\%) | M ostly Casual Participants (greater than $75 \%$ ) |

## WATER SPORTS / ACTIVITIES

| National Core vs Casual Participatory Trends - Water Sports / Activities |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Activity | Participation Levels |  |  |  |  |  | \% Change |  |
|  | 2011 |  | 2015 |  | 2016 |  | 11-16 | 15-16 |
|  | \# | \% | \# | \% | \# | \% |  |  |
| Snorkeling | 9,312 | 100\% | 8,874 | 100\% | 8,717 | 100\% | -6.4\% | -1.8\% |
| Casual (1-7 times) | 7,272 | 78\% | 7,002 | 79\% | 6,945 | 80\% | -4.5\% | -0.8\% |
| Core(8+ times) | 2,041 | 22\% | 1,872 | 21\% | 1,773 | 20\% | -13.1\% | -5.3\% |
| Jet Skiing | 7,574 | 100\% | 6,263 | 100\% | 5,783 | 100\% | -23.6\% | -7.7\% |
| Casual (1-7 times) | 5,400 | 71\% | 4,425 | 71\% | 4,143 | 72\% | -23.3\% | -6.4\% |
| Core(8+ times) | 2,174 | 29\% | 1,838 | 29\% | 1,640 | 28\% | -24.6\% | -10.8\% |
| Sailing | 3,797 | 100\% | 4,099 | 100\% | 4,095 | 100\% | 7.8\% | -0.1\% |
| Casual (1-7 times) | 2,470 | 65\% | 2,818 | 69\% | 2,833 | 69\% | 14.7\% | 0.5\% |
| Core(8+ times) | 1,328 | 35\% | 1,281 | 31\% | 1,262 | 31\% | -5.0\% | -1.5\% |
| Water Skiing | 4,626 | 100\% | 3,948 | 100\% | 3,700 | 100\% | -20.0\% | -6.3\% |
| Casual (1-7 times) | 3,094 | 67\% | 2,835 | 72\% | 2,667 | 72\% | -13.8\% | -5.9\% |
| Core(8+ times) | 1,532 | 33\% | 1,112 | 28\% | 1,033 | 28\% | -32.6\% | -7.1\% |
| Scuba Diving | 2,866 | 100\% | 3,274 | 100\% | 3,111 | 100\% | 8.5\% | -5.0\% |
| Casual (1-7 times) | 2,027 | 71\% | 2,405 | 73\% | 2,292 | 74\% | 13.1\% | -4.7\% |
| Core(8+ times) | 840 | 29\% | 869 | 27\% | 819 | 26\% | -2.5\% | -5.8\% |
| Wakeboarding | 3,517 | 100\% | 3,226 | 100\% | 2,912 | 100\% | -17.2\% | -9.7\% |
| Casual (1-7 times) | 2,378 | 68\% | 2,308 | 72\% | 2,017 | 69\% | -15.2\% | -12.6\% |
| Core(8+ times) | 1,141 | 32\% | 918 | 28\% | 895 | 31\% | -21.6\% | -2.5\% |
| Surfing | 2,481 | 100\% | 2,701 | 100\% | 2,793 | 100\% | 12.6\% | 3.4\% |
| Casual (1-7 times) | 1,462 | 59\% | 1,665 | 62\% | 1,768 | 63\% | 20.9\% | 6.2\% |
| Core(8+ times) | 1,019 | 41\% | 1,036 | 38\% | 1,024 | 37\% | 0.5\% | -1.2\% |
| Boardsailing/Windsurfing | 1,384 | 100\% | 1,766 | 100\% | 1,737 | 100\% | 25.5\% | -1.6\% |
| Casual (1-7 times) | 941 | 68\% | 1,461 | 83\% | 1,449 | 83\% | 54.0\% | -0.8\% |
| Core(8+ times) | 444 | 32\% | 305 | 17\% | 288 | 17\% | -35.1\% | -5.6\% |
| NOTE: Participation figures are in 000's for the US population ages 6 and over |  |  |  |  |  |  |  |  |
| Participation Growth/Decline | Large Increase (greater than 25\%) |  | Moderate Increase (0\%) to $25 \%$ ) |  | Moderate Decrease (0\%to -25\%) |  | Large Decrease (less than -25\%) |  |
| Core vs Casual Distribution | Mostly Core Participants (greater than $75 \%$ ) |  | More Core Participants (56-$74 \%$ ) |  | Evenly Divided (45-55\% Core and Casual) |  | More Casual Participants (56-74\%) | Mostly Casual Participants (greater than $75 \%$ ) |

## LOCAL SPORT AND MARKET POTENTIAL

The following charts show sport and leisure market potential data from ESRI. A Market Potential Data (MPI) measures the probable demand for a product or service within the City of Upper Arlington. The MPI shows the likelihood that an adult resident of the target area will participate in certain activities when compared to the US National average. The national average is 100 , therefore numbers below 100 would represent a lower than average participation rate, and numbers above 100 would represent higher than average participation rate. The service area is compared to the national average in four (4) categories - general sports, fitness, outdoor activity, and commercial recreation.
Overall, the City of Upper Arlington demonstrates above average market potential index (MPI) numbers; this is particularly noticeable in the fitness and commercial recreation market potential tables. Every activity in the fitness category and most (except two) activities in the commercial recreation category have an above average MPI score ( $100^{+}$). Looking at the other two categories (general sports and outdoor activities), even though they all have a few activities with MPI below national averages, a majority of the activities have scores well above 100. These overall high MPI scores show that Upper Arlington's residents have a rather strong participation presence when it comes to recreational activities. This becomes significant for when the City considers starting up new programs or building new amenities; giving them a strong tool to estimate resident participation.

As seen in the tables below, the following sport and leisure trends are most prevalent for residents within the City. The activities are listed in descending order, from highest to lowest number of estimated participants amongst the population.
High index numbers ( $100+$ ) are significant because they demonstrate that there is a greater potential that residents of the service area will actively participate in offerings provided by Upper Arlington Recreation and Leisure Services.

GENERAL SPORTS MARKET POTENTIAL


FITNESS MARKET POTENTIAL


Figure 25 - Fitness MPI
OUTDOOR ACTIVITY MARKET POTENTIAL


Figure 26 - Outdoor Activity MPI

## COMMERCIAL RECREATION MARKET POTENTIAL



## APPENDIX B - AMERICAS' PARKS ENGAGEMENT SURVEY QUESTION

ACCESSIBILITY TO LOCAL PARKS AND RECREATION FACILITIES
Seven out of ten survey respondents indicate that there is a local park, open space, or recreation center within walking distance from their home. Almost 30 percent of Americans report no walkable (within half mile of residence) access to a park or recreation facility.

Although there is no significant difference in park accessibility based on respondents' race and ethnicity, Millennials and Generation Xers are reporting significantly higher rates of having a park or recreation facility within walkable distance than Baby Boomers.
(Percentage Distribution of Respondents)


Multiple parks/facilities within walking distance

A single park or recreation facility nearby

No park/recreation facilty

Source: NPRA Americans' Engagement with Parks Survey 2016

## FREQUENCY OF VISITS TO LOCAL PARKS AND RECREATION FACILITIES

On average, Americans visit their local parks and recreation facilities less than 29 times each year. For the past 12 months, one third of survey respondents reported they visited a park or recreation facility between one and five times. Twenty-one percent (21\%) reported between six and ten annual visits, while $18 \%$ visited between 11 and 20 times over the past year. Sixteen percent (16\%) visited their parks and/or recreation facility frequently ( $21-50$ times) last year, and $12 \%$ were reported to be very frequent ( $51+$ times) visitors over the past 12 months.

Among frequent users, Millennials are the leading generation. Aside from Millennials, those who identify themselves as Hispanic and parents are also frequent visitors. On the other hand, Baby Boomers make less frequent visits to their local parks.
(Percentage Distribution of Respondents Who Have Visited Park/Recreation Facility in Past Year)


Source: NPRA Americans’ Engagement with Parks Survey 2016

## KEY REASONS FOR VISITING PARKS AND RECREATION FACILITIES

The number one reason why Americans visit their local parks and recreation facilities is to be with family or friends ( $58 \%$ ). A majority from every demographic group surveyed identified spending time with family or friends as the top reason to visit parks. This reason particularly resonates with Millennials (65\%) and parents (66\%).
Over half of Americans visited parks over the past 12 months to exercise or to increase their level of physical activity ( $52 \%$ ). Forty-eight percent ( $48 \%$ ) of respondents chose to visit parks due to their desire to be closer to nature. Baby Boomers (52\%) and non-parents ( $51 \%$ ) are more likely to pick nature as a major reason to go visit parks.
Thirty-three percent ( $33 \%$ ) of respondents visit parks in order to experience excitement or adventure. Millennials and parents are more likely than Baby Boomers and non-parents to cite experiencing excitement and adventure as their reason to visit parks. Other reasons people visit their parks and recreation facilities include: to learn a skill or craft (12\%); to have someone care for my children (5\%); or to attend an event or activity (1\%).


Source: NPRA Americans' Engagement with Parks Survey 2016

## AMERICANS' FAVORITE PARK AND RECREATION ACTIVITIES

Seven out of ten (70\%) Americans indicted their favorite activities when using park and recreation services is to visit a local park, playground, dog park, or other open space. This number one activity is more favored by Baby Boomers (76\%) than Millennials (67\%).

Forty-seven percent (47\%) of the respondents like to use hiking, biking or walking trails when visiting local parks, while 30 percent prefer to visit a local swimming pool or aquatic center. Twenty-seven percent (27\%) of Americans played sports or games with family or friends, among which Millennials (40\%) are more likely than Baby Boomers (36\%) to participate in this type of activity.

Other favorite activities include: to visit local recreation or senior center (24\%); for children to participate in out-of-school time activity (i.e., summer camp, before/after school care) (17\%); to take part in classes or lessons at local recreation center (16\%); and to compete in an organized sports league (15\%).


Source: NPRA Americans' Engagement with Parks Survey 2016

## BARRIERS PREVENTING GREATER ENGAGEMENT WITH PARKS AND RECREATION

The survey identified several barriers that keep Americans from greater engagement with local parks and recreation facilities. These barriers represent challenges (and perhaps opportunities) to develop solutions to increase the accessibility of, and participation in, parks and recreational services to the public. Only $25 \%$ of survey respondents indicated there are no barriers preventing use of parks and recreation facilities.

The biggest barrier identified by $39 \%$ of respondents is a lack of time. This issue is particularly noteworthy for both Millennials and Generation Xers (both at 45\%) and for those currently employed (47\%).

Twenty percent ( $20 \%$ ) noted that the second biggest concern is a lack of quality facilities near home. Seventeen percent ( $17 \%$ ) of Americans were concerned about their personal safety at park or recreation facility.

Other barriers include: unaware of the park location / offerings (16\% of total respondents, including 23\% of Millennials); offerings of facilities or programs not matching personal interest (14\%); and excessive costs / fees (14\%).


Source: NPRA Americans' Engagement with Parks Survey 2016

## PERCEIVED SAFETY WALKING TO LOCAL PARKS AND RECREATION FACILITIES

Nearly six in ten Americans (58\%) feel "completely" or "very" safe walking to and from their local park, playground, open space, or recreation center, while 29\% perceive walking as "somewhat safe". However, $14 \%$ of Americans feel unsafe, to some degree, walking to and from their local parks and recreation facilities.

People who perceive walking to parks as unsafe are less likely to utilize local park and recreation services. Survey respondents that feel unsafe walking to and from a local park visit at a rate of 40 percent less than those who feel safe walking to and from parks.

In order to increase the perceived safety walking to and from parks and recreation facilities, NRPA has suggested that local parks and recreation agencies should: (1) conduct assessments to identify gaps and barriers in park access; (2) build, improve and maintain public infrastructure like sidewalks, crossings and trails to create safe walking; (3) enhance programming, community engagement and amenities to increase the perception of safety and attract more residents to parks and facilities.

Source: NPRA Americans’ Engagement with Parks Survey 2016

## APPENDIX C - INTERVIEW SUMMARY OF FOCUS GROUP RESPONSES BY QUESTION

INTERVIEW SUMMARY OF RESPONSES BY QUESTION

## WHAT DO PEOPLE VALUE THE MOST ABOUT PARKS AND RECREATION SERVICES IN UPPER ARLINGTON?

Respondents love the setting of the community and the parks that are festooned with mature trees for the residents to enjoy. The City is characterized by meandering roads that fit the terrain with parks peppered throughout the community. The parks offer a significant element of coziness to the community's landscape. Enjoyment by the members of the community comes from opportunities to walk to and enjoy the park amenities that have a wide range of uses, from passive play opportunities to various athletic facilities that are showing their age, yet are still appreciated. It has been said that the parks provide community gathering places for residents, and thus, residents would like to maintain the uniqueness of that feature of the City.

Many believe the Parks \& Recreation Department is the heart of the community and serves as an important element to vibrancy. Further, the department's staff are great and responsive. They have used the parks to create and provide a unique blend of programming that is enjoyed by residents of all ages. Program activities mentioned include arts, youth programs, and athletics. Use of the system is such that there is an interest in the improvement of sidewalks and trail systems that provide ingress and egress to the parks. The consideration is safety and the desire to increase these amenities to improve gaining access to the parks by walking and riding bicycles.

Some participants expressed an interest in the City improving the tennis facilities and an increased level and improvement in the quantity of programs for youth and seniors. Many stated that there is a lack of quality indoor programming space compared to other cities adjacent to Upper Arlington.

- The community values the amount of parks and green space and the trees in the City.
- Value the variety of amenities in the parks such as walking paths and pools.
- City does a great job with active recreation in programming for youth, as well as adult education, summer camps and special events.
- Park space is a premium.
- Opportunities that parks and recreation provides for all age groups.
- Marketing of information with their program guide.
- The department does a good job with partnerships as they host a summer camp in schools, as well as basketball and volleyball.
- The quality of the parks and the programs.
- The convenience and proximity of parks to the neighborhoods.
- Having green space and space for large gatherings and events such as the spring and fall festivals.
- The variety of amenities available such as shelter houses, tennis courts, and recreation sports.
- The parks are gorgeous and residents value them being kept at the highest quality.
- People really use their parks and the parks are family friendly.
- The summer camps are very well used and appreciated.
- The quality of the parks and maintenance are great.
- The new playground at Northam Park and the swimming pool are great.


## WHAT ARE YOUR GENERAL PERCEPTIONS OF THE PARKS AND RECREATION SYSTEM THAT NEED IMPROVEMENT?

It appears focus group participants are encouraged that this planning process is taking place and eager to participate. There is a desire to create a clear plan that provides sound direction for the Parks \& Recreation Department to use when strategically improving the system into the future. Some of those interests include how to organize sports fields, determining an efficiency when maximizing the use of space in a landlocked community. It is felt that in the past there has been no real foundation for why the department is doing something to change operations. Planning in general needs to be well done.

While the community is aging, there is an interest in a comprehensive plan that relates to everyone and one that is sensitive to the political process that is evident in the community. Some of the concerns that respondents illustrated include the desire for trail system connectivity; an improvement of the natural areas in the parks, and that parks need to be signed for natural areas. They stated that there is a fine line between whether or not the parks look natural.

The desire for more gathering places generated momentum from many participants in the form of the desire for inter-generational indoor space. Others indicated that establishing partnerships with other communities that have space might be a solution. The recently closed Macy's building might be a reasonable consideration to be repurposed as a recreation facility. Others felt that strengthened relationships with the schools would be beneficial in terms of gaining access to indoor space through improved partnership agreements.

It is apparent that the tennis facility at Northam Park needs improvements. Desire for improved outdoor athletic spaces was expressed as well. As in many cities, there is a desire for outdoor basketball. Perhaps in the form of 3 -on- 3 courts rather than full sized courts.

There is a desire for senior facilities accompanied by programming. The focus is to provide activities for seniors who are active. Demographic data indicate that seniors represent nearly $40 \%$ of the population ( 50 years and older). There is a strong feeling that programming for seniors of all capabilities needs to be addressed.

Maintenance issues are considered a recurring theme that need to be managed. Maintenance is a problem on the sports fields, especially when it rains. The thought is that perhaps better drainage would improve those conditions on the ball fields and in some of the parks. Grass and maintenance in the parks needs improvement. However, the respondents indicated staff shortages and funding is a cause for concern and is a likely contributor to the maintenance challenges.

There is a desire to consider incorporating more outdoor playground equipment in the parks as the current equipment is outdated. Some thoughts included adult fitness elements and playground features that are natural.

- People value the parks.
- Indoor recreation is lacking.
- Capital assets are in need of improvement and there are opportunities for updating the parks.
- The City lacks places to hold indoor activities. The schools are busy so a dedicated program space for the City would be welcome.
- Very pleased with the many partnerships parks have such as the Civic Association, schools, library, etc.
- There is an opportunity to look at how park space is used.
- The department does a great job on programming.
- The department needs additional dollars to operate the parks to the expectations of the community.
- Change can be challenging for some residents.
- Maintenance can be enhanced. It is the physical assets that need to be updated such as restrooms and basic maintenance.
- We are landlocked community and do not have room to grow; we have to ensure our parks are efficient and serve many different experiences.


## WHAT ARE THE STRENGTHS OF THE UPPER ARLINGTON PARKS \& RECREATION DEPARTMENT THAT WE NEED TO BUILD ON FOR THIS COMPREHENSIVE PLAN?

The strength that can be readily observed is the ambience the community offers the residents. The community appearance is supported by a beautiful inventory of parks, facilities and passive open space. Staff does a great job when programming activities in the community. While the community is landlocked, the use of the parks has been managed efficiently by the staff.

- The system has a large variety of programs.
- The department has many partnerships in the community.
- Have a very dedicated staff. Feel they have great stability in the agency.
- Variety of parks in the system, as well as amenities such as the three pools, a lot of tennis courts and sports fields.
- The system has a lot of green space for dog people and walkers.
- There is a large investment in the parks by the community as they are highly valued.
- The parks are multi-functional, which is important due to the lack of available land.
- For community events, the park spaces work.
- Residents are attached to their parks and take pride in them. The community has nostalgia for the parks in the City.
- Staff is scrappy and they are finding ways to be creative.


## WHAT ARE THE CHALLENGES?

Many focus group respondents indicated the need to pursue an indoor multi-generation facility that can be compared with facilities in other nearby cities that would accommodate a variety of programming opportunities. Participants indicate that a strong plan needs to be created that will effectively communicate to the residents all of the difficult questions that might be asked. It is said that this will be challenging.

Residents will want to ensure the site plan meets the current character and culture of the community. There is the expectation that a facility would need to be self-sustaining. The process for introducing the recreation center idea will need to be a transparent discussion that has to represent a clear and authentic process through effective communication. There is a need to generate enthusiasm toward such a project that helps the community come together with support, as opposition is anticipated.

Other thoughts included the need to have data quantifying the needs and defining gaps that might be closed and result in further access to activity. The decisions that result from such a process must be bullet proof.

One of the issues that needs to be addressed is to create effective communication and marketing tools to increase the level of understanding of the park and recreation system. The desire is to help community
members better understand how the Parks \& Recreation Department operates. The ideal is to create an instrument that can embellish uses of tax dollars toward safety, programming, maintenance and the administration of the department as it currently operates. These marketing efforts might help with how existing parks can be updated when the challenges are posed by residents who do not favor the addition of a multi-generational center to the park and recreation facility portfolio. The economics of a recreation center discussion can then be folded into the current operations discussion.

There have been some challenging circumstances around the school district and mistrust by some residents toward the City. There is a desire to create opportunities for discussion with civility in those conversations when working with other units of government. Participants would like those involved in the process to learn from the problems the City had with other projects so as to not repeat them.

- Physical space as the City is landlocked.
- Budget constraints for the Parks \& Recreation Department.
- Very involved community and everyone has an opinion.
- Lack of dedicated indoor space.
- Lack of space for athletics in the community for youth and adult sports.
- People desire additional walking paths in the parks and the need for trails.
- Keeping up with the infrastructure especially for beautification as this is a priority for the community.
- Need a consistent budget to maintain and replace the amenities in the parks.
- As the City is landlocked, land is a premium and there is need for a multi-generational facility as there is a lack of indoor programming space.
- Shelters in the parks are in need of upgrades.


## WHAT ARE THE KEY OUTCOMES YOU DESIRE THAT YOU WOULD LIKE TO SEE COME FROM THIS COMPREHENSIVE PLANNING PROCESS?

Focus group participants desire a comprehensive plan that considers a "long view" of the park and recreation system and the City of Upper Arlington. They desire a plan that supports the system as a whole that is forward thinking and not over-reaching. The plan needs milestones for completion that include how advancements can occur. Planning needs to consider the entire parks system and any new developments that might take place in the future.

The exploration of funding options should be a major element of the work that is accomplished by the Consulting Team

A level of readiness and validation appears to exist at the grass roots level. An organized, transparent effort during the planning process will be key to the success of future park planning. There appears to be some support of the planning efforts on the Council.

- Would like to see analysis of the usage of the parks in comparison to surrounding communities.
- Understanding the community needs (e.g. Playground at Northam Park is very well used).
- What is needed by the community and the ways to satisfy those needs. Make a plan for each park based on the needs.
- A vision for all parks on how they can work together to serve the community. An overall strategy for all parks versus being siloed.
- Indoor program space such as a multi-generational recreation center.
- Direction on the aging facilities and amenities and a strategy for replacement.
- An understanding on what to do with the senior center and tennis courts.
- Colleges throughout Ohio have some of the best facilities and graduates want to see something similar if we are going to attract them to move to the City.
- Ensure that we are using parks and space to its best use.
- A genuine, inclusive effort community-wide to come up with a plan for the parks system.
- The Parks \& Forestry Division lacks the manpower to take care of vegetation and control of the trees in the City.
- More accessibility for residents to get from park to park
- Understanding the sharing of resources with others through effective partnerships.
- The Parks \& Recreation Department needs to have resources to do what needs to be done and is desired by the community.


## WHAT ARE THE KEY PROGRAMMING AND SERVICE AREAS THAT SHOULD BE ADDRESSED?

As indicated earlier, there is a desire to add a comprehensive indoor facility to the portfolio of recreation amenities in the community. The facility would be able to accommodate many of the programs and program improvements desired by the respondents. There is an interest in a focus toward more health and wellness programs that would serve as a core program area, along with programming for seniors of all skill levels and interests. While there are swimming pools available to residents, frustrations exist such as making available warm water swim times for children and older adults and swim team practices.

It will be necessary to effectively communicate the cross benefits of opportunities when selling the idea of the creation of an indoor facility in the community.

There is interest in creating a park like atmosphere around the municipal building. Perhaps using that facility as a focal point to give the community a place where all other park areas are leveraged to maximize the value of parks. Challenges exist when considering how to manage the growth in field sports as the open space required to provide them is limited.

- Multi-generational facility/indoor programming space is a need.
- Programming is limited by indoor space.
- Younger family recreation.
- Senior programming can be enhanced as the 65 and older age group has needs that are not being addressed at the current senior center.
- There is a lack of teen programs. Consider working with the Library more to be used as a teen center.
- Pickleball is a big movement for active senior adults.
- Soccer and Lacrosse fields are needed for these growing sports.
- Programming for special needs can be enhanced. A miracle field for baseball would be great. There is only one special needs playground.
- The lifelong learning classes are great.
- Consider competitive swim programs.
- Not sure if there is a need, but consider adult sport programs such as softball.


## WHAT RECREATION FACILITIES AND/OR AMENITIES ARE MOST NEEDED IN UPPER

 ARLINGTON?There is a strong desire toward the addition of indoor recreation space for meeting rooms, athletics, the arts, and fitness. Bike trails appear to be a high priority for residents. The use of sidewalks as one solution to the bike trail issues was mentioned given the decline in their condition. Perhaps the trail system could provide access to the Columbus parks and river on the west side of the City. Evidently, old park plans always illustrated pathways for a trail.

Due to the landlocked nature of the community there are challenges when attempting to provide for field sports. Pickleball has become a national phenomenon and interest in growing spaces to play is taking place in Upper Arlington.

- A multi-generational indoor space, which would receive a lot of use.
- Additional shelters at parks.
- Continued improvement to playground equipment.
- Lack of sports fields. Would like to know locations for a potential turf field.
- Senior Center needs to be looked at as part of the plan.
- Indoor space for programming is needed.
- Walking paths and loop trails in the park, especially at Northam Park that can help activate parks.
- Indoor recreation center is really needed.
- Green space for field sports. Current fields have drainage issues. Turf or engineered fields are needed.
- Multipurpose fields (e.g. soccer, lacrosse, field hockey, etc.)
- Trails to the quarry.
- Placemaking amenities such as the spray ground at Ballantrae Community Park in Dublin.
- Pickleball facilities are needed.
- There is a lack of restrooms in the parks.
- We need to make ADA facilities and restrooms in the parks.
- Park maintenance facility is across the river and it is adequate, but it lacks storage space.

WHAT AREAS OF THE SYSTEM NEED MORE FOCUS (SUCH AS PARK MAINTENANCE, PROGRAMS, SERVICES, FACILITY DEVELOPMENT, TRAIL DEVELOPMENT, ETC.)?

Discussions with focus group participants indicate there is a strong feeling toward the need to connect walking and bike trails throughout the community. People would like to ride safely to and from parks and in the City. Trail systems would be welcome in the parks as well. There are concerns that the park shelters need power.

Respondents feel the Senior Center needs significant improvements to enhance its use. There is a desire to incorporate seniors into a new recreation center. Tennis has always been a key attraction to residents. The tennis community would like to see improvements and programs for youth added to their program offerings. There appears to be discrepancies toward who and when patrons can use the courts and associated fees the tennis players pay to use the facility.

Other activities that have been expressed include the addition of splash pads in parks, the development of pickleball courts and programs. There is a desire for more lighting in the parks. Some expressed an interest in "dark parks" however.

- Bike trails and bike lines.
- Connectivity with walkability and biking.
- Improvement of existing fields.
- Upgrade park infrastructure and accompany that with a maintenance plan. Maintenance of parks have declined.
- Facility development and how to meet the needs of the community. The City has done this at Northam Park with the playground and a pool, as both are always busy.
- Creating spaces that bring families outside.
- A focus on sidewalks and safe access to city facilities and parks.
- Outdated infrastructure such as restrooms, baseball fields, concession stands, etc.
- There are natural areas that could have educational programs.
- Additional art in the parks.
- Facility modernization.


## IF YOU COULD CHANGE ONE THING ABOUT THE SYSTEM OVER THE NEXT io YEARS, WHAT

 WOULD IT BE?Respondents offer terrific visions of how the community would appear in 10 years. There is an interest in the careful creation of an indoor recreation facility that would service all members of the community. Residents also want to maximize and maintain the use of the existing spaces managed by the park and recreation system.

In order to support park and recreation operations it will be important for City Council to invest in the department infrastructure and staffing. It is felt that parks are easy to cut from budget obligations. Respondents would like to "right size" the system when investment in the community is made. That process will require the implementation of a succession plan. With the right sizing activities that is a desire to have design principles for each park and a development policy to support the design principles to guide the resulting improvements.

- Indoor recreation center space.
- A good community/recreation center space.
- Priority would be on spending capital money wisely to create opportunities for multiple age groups (e.g. multi-generational center).
- Any future development serves multiple uses for the community.
- A Master Plan for each park in the system.
- Leverage the levy money as best as possible.
- Get more of the recreation people involved in the process and become advocates for the parks
- More aggressive in acquisition of land.
- We need to have safer routes to get to the parks.
- Solve the indoor space problem.
- Shelter House at Northam Park.

AS YOU SEE UPPER ARLINGTON CHANGING IN THE FUTURE, WHAT SERVICES AND PROGRAMS DO YOU FEEL WILL NEED THE MOST ATTENTION AND SHOULD BE MADE A PRIORITY?

The need to address fundamental infrastructure issues in the park and recreation system is necessary for effective movement into the future development of the organization. It is beneficial to remember that the high-level goal and the tapestry of Upper Arlington is that the culture is neighborhood based and people can feel they are connected to the neighborhoods through the parks.

Some feel that can be a challenge as the perception is that the department struggles to consistently meet acceptable maintenance standards. The desire for some is to make sure the facilities in the parks and recreation system can be more functional. This is important toward how the parks need to change in appearance, function and design and how supporting change will encourage people to use the parks and ultimately be proactive towards positive changes in the community. It is necessary that an appeal goes out to young and older citizens alike.

- Senior Center needs to be revamped to address the changing demographics. Senior programming.
- A look at the national trends on programming (e.g. pickleball).
- Family-oriented programming for both outdoor and indoor uses.
- Growing with younger families ( $30 \%$ roughly, have kids in school). Focus on creating wellness opportunities for variety of age groups.
- Need to have a more concerted focus on teenage programming.
- The community has more students and we need to address their needs.
- Programming for special needs community both youth and adults.
- More sidewalks and connectivity to make safe routes to parks and schools.
- Our parks staff do an amazing job and staff should ensure parks are maintained in the future and make the necessary infrastructure improvements.
- Keeping things fresh throughout the system and staying on top of upcoming trends in the industry.
- Have a clear implementation strategy and every three years we do a survey to understand community needs.


## WHAT HAVEN'T WE DISCUSSED THAT YOU WOULD LIKE TO HAVE DOCUMENTED IN THE COMPREHENSIVE PLAN?

There is a desire for planning to explore long-term economic influences of improvements to the system and how planning can incorporate cooperation with other community organizations and entities such as other city operations, schools and the university. Participants are reticent about adding amenities without deleting outdated practices and responsibilities. The absence of the reduction add a significant burden to a parks and recreation system that is already overworked and underfunded. There is an interest in understanding what is going to be given up to achieve what is being gained in new services.

Respondents would like the planning process to explore the potential alternative means of providing services. Should it be determined to move forward with the indoor recreation facility planning, there is a desire to review all funding sources and the completion of a cost benefit analysis when creating new amenities. There is support toward updating fees for facility use.

While many respondents marvel at the quality and diversity of parks, it will be important to move carefully as change is proposed. Residents like what they have and can be slow to the notion of change. Community participation in the planning will be critical.

There is an interest in the creation of a dog park in the city. Some are frustrated that people don't pay attention to the hours in the parks for dogs. There is a desire to connect all the parks through a looped trail system.

- All three libraries are on park lands and the library has a great partnership with the Parks $\&$ Recreation Department.
- Ensure the plan looks at a location for a turf field in the City.
- Not sure on the appetite by the public for a whole-sale change to the parks and recreation system. Ensure the plan is implementable and realistic.
- Identify the needs for each individual park based on the community needs.
- Capital is needed to take care of parks and facility development. The City needs to find the balance for a rental structure for revenue opportunities. Field rentals, shelter rentals, what is the right amount to charge. Proper fee and rental structure.
- I would like to get creative with partnerships such as a health care provider for third party investment that will help to solve the program and facilities.
- Have a master plan for each park in the system.
- A dog park is needed but not sure if there is land available. Maybe it is a shared service with Columbus.
- The Metroparks are opening up a park and need to ensure there is connectivity with the park.
- There are several facilities where the schools and parks are next to each other; ensure they are working together to serve the whole community.
- We need to document the history of each park.
- An Arts Plan is needed for the park system. Look at what other communities are doing.
- Our financial condition has improved and it seems the system may be understaffed. The plan needs to give some guidance on staffing needs.


## APPEDIX D - INTERVIEW SUMMARY OF STAFF RESPONSES BY QUESTION

WHAT DO PEOPLE VALUE THE MOST ABOUT PARKS AND RECREATION SERVICES IN UPPER ARLINGTON?

## Park Maintenance

- Pride in our work
- Quality parks for residents
- Improving the community through parks
- Maintaining the classic image of the community


## Recreation Program

- Meeting people's needs and interests and giving them something they would not have otherwise
- Support a wide variety and balance of experiences for the community for adults and youth
- The organization's image and relationships with the customers are valued
- We provide resources and help park and recreation users in a variety of areas
- Beneficial partnerships to the organization are important assets
- Recognized as program and play area innovators
- Limitations of what the system can and cannot do are a beneficial attribute

WHAT ARE YOUR GENERAL PERCEPTIONS OF THE PARKS AND RECREATION SYSTEM THAT NEED IMPROVEMENT?

## Park Maintenance

- Staff training is high on the list of needs for seasonal employees
- Specialized training would be beneficial for all working trades
- It would be helpful for the department to catch up with the significant growth of horticulture
- Gateways to the community would benefit with horticultural upgrades
- Current funding models make it difficult to sustain desired levels of maintenance
- The development of new gardens and beds is dependent on the support of special endowment programs
- There is an interest in exploring how the system would benefit through outsourced contracts of some services
- New landscaped roundabouts have increased maintenance demands
- Equipment assessments and upgrades have improved longevity
- Need to upgrade facilities to keep the cost down
- Desired understanding of costs will improve staff understanding of operational costs to provide services
- Would like to incorporate the use of a work order system for street trees
- Would like a work order system for park maintenance


## Recreation Programming

- Existing facilities render limitations to service
- We don't have a gym to offer indoor programs
- School system has limited access for use by the City
- There need to be facilities that would assist with reaching teen groups
- Sources are needed to effectively provide recreation services in the community to be competitive with other community providers
- The adult education program generates some revenue and recovers direct costs
- We work to build relationships with sponsors. Looking at sustainable financing models
- We have staff limitations in terms of the number of people who provide services


## WHAT ARE THE STRENGTHS OF THE UPPER ARLINGTON PARKS \& RECREATION DEPARTMENT THAT WE NEED TO BUILD ON FOR THIS COMPREHENSIVE PLAN? WHAT ARE THE CHALLENGES? <br> Park Maintenance

- Needs and completed tasks are well documented
- Changes in the park maintenance operations three years ago is a positive move
- There is a desire to effectively communicate accomplishments
- Community members have been treated very well by park maintenance


## Tennis and Aquatics

- There are three really good pool facilities that are recognized as a core service in the system
- The aquatics instructional program is good
- Positive feedback is received about the instructional program
- Pools are open a lot of hours of the day
- Lap swims start at 6:30 am
- A pool facility enclosure has been discussed
- Tennis provides access to the GCTA league


## Barn questions

- The barn is a first-rate facility that is very affordable with flexible uses

WHAT ARE THE KEY CHALLENGES?

## Park Maintenance

- Additional staff would help to keep up with the demands of the community
- On site contractors restrict daily operations and upkeep of the park system
- There are challenges that need to be addressed on the forestry side of our operations
- Internal facilities crew once managed facility issues. Several problems continue to exist
- Building cleaning quality is not as good as it used to be
- Plumbing is outsourced
- Attempts to implement a work order system have fallen short of desired results
- There are volunteers that would benefit from a person who could organize their work
- Would like an assessment system to understand the duration of time and the associated cost of finishing a project from start to finish


## Recreation Program

- Fees need to be standardized


## Barn and Shelters

- There are non-reservable shelters that need a determination as to their future use
- Coordinating staff is a big issue to get the barn ready and then meeting with the renters
- There needs to be a promotional model for the use of the Barn to better inform users of the facility uses that are available
- Shelters need to be improved to enhance the community members desire to use
- Shelters are most used in the spring
- There is only one year-round shelter


## Tennis

- The 12 tennis courts are rarely used at the same time except for the league play when use is high

WHAT ARE THE KEY OUTCOMES YOU DESIRE THAT YOU WOULD LIKE TO SEE COME FROM THIS COMPREHENSIVE PLANNING PROCESS?

## Park Maintenance

- Would like to see an improvement in the contract custodian agreement to improve work that is completed
- Would like to understand the satisfaction levels of the community toward the facilities and services they are provided
- The horticulture program needs to be strengthened and become fiscally sustainable
- There are capital improvement plans that need to be addressed
- There needs to be a determination of the active parks and passive recreation in our parks
- Active and passive park uses need to be communicated effectively for the future
- It is important to communicate purpose and values the neighborhood parks offer the community
- The communication of needs by the recreation staff to the parks maintenance staff is a strength
- There are concerns with the ball diamond responsibilities and usage that need to be addressed
- Advanced notice is needed for planning to manage set-up and athletic fields for tournaments
- The recreation staff manages athletic field marking for events
- It would be important to assess equipment storage to understand the most efficient means of operation
- Field designation would benefit maintenance operations as most diamonds have three sets of bases
- A best practices model is needed for working the special interest groups
- An effective communication model needs to be developed and implemented for sport team coaches to improve litter issues on athletic fields


## Recreation Programming

- We are a land locked community and we don't have an enough indoor and outdoor facilities
- Need for a recreation center as an outcome
- To move forward we have to get more input from a variety of people
- Implementing a program to solicit the thoughts of a diversity of community members would be beneficial
- The aging cycle of Upper Arlington is beginning to change to younger families
- Business plans for the long range use of field space would be beneficial
- The fields need a major improvement
- More nature features in the parks would be helpful to promote nature programs
- We have some access to Columbus Parks and Recreation facilities
- We need to have storage space
- We need to have probably more open space through the acquisition of land


## AS AN UPPER ARLINGTON STAFF MEMBER, WHAT DO YOU FEEL ARE THE MOST PRESSING TENNIS AND AQUATIC ISSUES IN THE DEPARTMENT THAT NEEDS TO BE ADDRESSED IN THIS COMPREHENSIVE PLAN?

## Tennis and Aquatics

- The tennis facilities are aging
- Developing a new facility, with irrigation and locker rooms
- Additional programming at the tennis facilities is needed
- A facility assessment needs to be conducted at Devon Pool; the buildings are aged 1930 buildings
- It is difficult to find lifeguards for the pools
- The fees at the tennis center is below what it is required to sustain operations


## Barn

- People are looking for a facility that accommodates between 50 to 150 people
- Block scheduling needs to be considered at the shelters in the future
- There needs to be a good shelter rental policy developed and implemented
- The Barn customers are consistent every year
- The Barn needs more storage
- The majority of our events are non-residents
- The facility is blocked Monday thru Thursday for department programs
- Do we want to accommodate more requests?
- We have some daily programs and then open it up to renters during the evening and weekend
- Shelter upgrades need to be assessed


## Rentals in general

- All rental rates for different spaces needs to be reviewed
- Standards that differentiate residents versus non-residents need to be created
- Mini business plans for shelters need to be determined
- The implementation of pool rentals needs to be determined
- The process for special events bookings and applications need to be developed
- A system for indoor and outdoor facility closures needs to be determined and implemented


## WHAT PARTNERSHIP OPPORTUNITIES SHOULD BE CONSIDERED AS PART OF THE

 DEVELOPMENT AND MANAGEMENT OF AQUATICS OR TENNIS IN THE CITY?
## Aquatics and Tennis

- A good partnership is established with the school district for the use of the high school pool
- Create a contract for pool lesson operations
- Good partnership with pool concessions
- A united front to recruiting and training lifeguards needs to be developed
- There needs to be consistency in Red Cross training for future operations


## Recreation Program

- In what ways can the partnership be reviewed and modified with the schools to reduce costs and enhance the partnership
- Explore the potential to partner with PTO groups

WHAT ARE THE KEY PROGRAMMING AND SERVICE AREAS THAT SHOULD BE ADDRESSED?

## Park Maintenance

- Litter management among sport groups
- User expectations have increased each year


## Recreation Program

- Outdoor education adventure
- Determine ways to partner with The Ohio State University
- There is a need to address a variety of outdoor play field development
- There is a need for wellness programs
- Renovate shelter facilities to make them more usable
- People want more arts in parks and ways to have more art experiences
- There is a need to develop a comprehensive marketing plan for parks and recreation
- There is a need to examine whether residents want to have more access to facilities
- Determine ways to expand the park and recreation system market share to increase participation and broaden and include new users
- There is a need to create programs by levels of interest and skill across all age boundaries and not compartmentalize programs by age
- Explore the potential to partner with PTO groups

WHAT ELEMENTS FOR PARK MAINTENANCE AND FORESTRY ARE MOST NEEDED IN UPPER ARLINGTON TO SUPPORT YOUR OPERATIONAL EFFICIENCY?

## Park Maintenance and Forestry Services

- The streets and parks tree software program upgrade has just been implemented
- The tree keeper data base has more uses that what we are doing now
- Strategic funding sources need to be created to support the funding of the tree programs
- The forestry program is costly

WHAT RECREATION FACILITIES AND/OR AMENITIES ARE MOST NEEDED IN UPPER ARLINGTON?

- A multi-generational indoor space
- Additional shelters at parks
- Continued improvement to playground equipment
- Multipurpose fields (e.g. soccer, lacrosse, field hockey, etc.)
- There is a great need for more shade around outdoor facilities
- Maybe a splash pad

WHAT AREAS OF THE SYSTEM NEED MORE FOCUS (SUCH AS PARK MAINTENANCE, PROGRAMS, SERVICES, FACILITY DEVELOPMENT, TRAIL DEVELOPMENT, ETC.)?

## Park Maintenance

- We need to have an understanding of what it costs to maintain street trees and to manage contractors
- Need more notice on special events, field layouts
- A formal request system is needed for facility and field uses rather than a phone call or personal visit


## Recreation Programming

- There is a need for an improved understanding of parks and recreation fields to illustrate proper uses and requirements for maintenance
- Strengthen the field sports workgroup to help stimulate community support of operations
- A field use policy needs to be developed identifying priorities of uses of parks and facilities among groups and how much they are to pay for the use
- Need to have a consistent and equitable pricing policy

WHAT ARE THE KEY OPERATIONAL ISSUES THAT WE NEED TO ADDRESS IN THIS COMPREHENSIVE PLAN AS IT APPLIES TO TENNIS AND AQUATICS.

## Aquatics and Tennis

- Review facilities to determine the direction to go with tennis
- Examine the proper and desired price point for aquatics and tennis
- Determine alternative or new programming opportunities in aquatics and tennis
- Explore complementary programs that can be implemented at the tennis center
- There is a need to control user access to the tennis facility
- We need to review and assess policies and practices of the tennis and aquatics facilities
- Examine ways to improve the drainage at the tennis courts as the irrigation system is above ground and the courts flood
- A communication program that communicates the true costs of court maintenance needs to be developed to improve an understanding with the tennis court users of the costs associated with court maintenance
- The uses of the pools and the associated enforcement is inconsistent from pool to pool
- We need to have more training for pool managers
- Pool employees need to get multiple forms of training for effective management
- A maintenance manager is needed for the three pools

IF YOU COULD CHANGE ONE THING ABOUT THE SYSTEM OVER THE NEXT 10 YEARS, WHAT WOULD IT BE?

Park Maintenance

- There is a desire to having a maintenance shop facility that is managed by the parks maintenance staff
- More storage places is needed to store maintenance equipment and supplies
- A turf management program is needed to support and implement the ability to rotate the fields
- There is a need to have better weed control in a community that does not allow the use of pesticides
- Turf maintenance is not up to the level of other cities because of drainage issues and irrigation
- Need to create a system of payment by teams to pay for use or to pay someone to have fields ready for use
- We need mowing seasonal employees and our full-time people need to be able to make the leap from contractor to us
- Contractors do not take care of flower beds as well as the City staff
- Low bid is not the best bid for horticulture
- Separate park maintenance and tree maintenance
- Have the restrooms at the picnic shelters redesigned to be able to be kept open
- Have the ability to plow park paths in the winter


## Recreation Programming

- More land
- Facilities and staffing
- Facilities and coordination of integrated programs
- Indoor pickleball facilities
- We are a recreation on wheels program
- Improve facilities in one spot
- We need a shared facility like a recreation center
- We could interact better with our community
- A maintenance person to help improve our facilities and services and little things that need to be fixed such as paint, patching walls, door improvements
- We used to have dedicated people to help do small improvements to facilities
- We have a roof that leaks and we put everything on hold
- We have a reactive maintenance program versus a proactive approach


## APPPENDIX E - CORE PROGRAM CLASSIFICATIONS

## 50 PLUS PROGRAM CLASSIFICATION

| Essential | Important | Value-Added |
| :---: | :---: | :---: |
| Mostly PUBLIC good / <br> Part of the Mission / <br> Serves majority of the Community / Highest Level of Subsidy offered / "This program MUST be offered" | Mix of PUBLIC and PRIVATE good / Important to the community / Serves the broad community / Some level of subsidy offered / <br> "This program SHOULD USUALLY be offered" | Mostly PRIVATE good / Enhanced Community Offering / Serves niche groups / Limited to no subsidy / "This program is NICE to offer" |
|  | Stained Glass |  |
| Watercolor Workshop |  |  |
|  | Handicrafters |  |
|  | Woodcarving |  |
|  |  | Ruffled Scarf |
|  |  | Art Shows |
| Zentangle Classes |  |  |
|  | Acylic Painting |  |
|  |  | Flower Arranging |
|  |  | CD Jewel Case |
|  | Iris Folding |  |
| Current Events |  |  |
| Investment Discussion Group |  |  |
| Book Club |  |  |
| Cozy Mysteries Book Club |  |  |
|  |  | Widowhood Support |
|  |  | Lunch Buddies |
|  | Armchair Travel |  |
| Spanish- beginner |  |  |
| Spanish - advanced |  |  |
| Spanish - Ongoing |  |  |
|  | French Fun \& Fitness |  |
| Taste of France |  |  |
|  |  | Shakespeare |
| Ed Lentz - History Series |  |  |
| Rich Bloom- History Series |  |  |
| Medicare/SS Seminars |  |  |
| Elder Law Series |  |  |
|  |  | Robert Hatton - history seminars |
|  | Hearing Seminars |  |
|  | On-line Dating |  |
| Home organizational seminars |  |  |
| Downsizing Seminars |  |  |
| Macintosh Computer training |  |  |
| iPad computer classes |  |  |
| iPhone computer classes |  |  |
| Windows 10 classes |  |  |
| Word |  |  |
| Excel |  |  |
| PowerPoint |  |  |
| Mac special topics |  |  |
| Personal computer (PC) special topics |  |  |
|  |  | Personal Computer (PC) classes volunteer led |
| Pinterest |  |  |
| Facebook |  |  |
| Photobook |  |  |
| Ereaders and Ebooks |  |  |

## 50 PLUS PROGRAM CLASSIFICATION

| Essential | Important | Value-Added |
| :---: | :---: | :---: |
| Mostly PUBLIC good / <br> Part of the Mission / <br> Serves majority of the Community / Highest Level of Subsidy offered / "This program MUST be offered" | Mix of PUBLIC and PRIVATE good / Important to the community / Serves the broad community / Some level of subsidy offered / <br> "This program SHOULD USUALLY be offered" | Mostly PRIVATE good / Enhanced Community Offering / <br> Serves niche groups / <br> Limited to no subsidy / <br> "This program is NICE to offer" |
| Men's Golf League |  |  |
| Softball |  |  |
| Pickleball |  |  |
|  | Kayaking |  |
| Volleyball |  |  |
| Chair Volleyball |  |  |
| Table Tennis |  |  |
| Billiards |  |  |
| Aquatics at First Community Village |  |  |
| CPR/AED Training |  |  |
|  |  | Bocce |
| Euchre |  |  |
|  |  | Bridge |
|  | 500 Card Game |  |
|  |  | Cribbage |
|  |  | Mah Jongg lessons |
|  |  | Mah Jongg play |
| Podiatry |  |  |
| Reflexology |  |  |
| Massage |  |  |
|  | Staying Well Nutrition classes |  |
| A Matter of Balance Seminars |  |  |
| Balance Practice |  |  |
|  | Balancing Act |  |
| Studio 55 |  |  |
| Xercise |  |  |
| Hatha Yoga Mondays |  |  |
| Hatha Yoga Thursdays |  |  |
| Pilates Fusion |  |  |
| Tai Chi |  |  |
| SilverSneakers Circuit |  |  |
| Silver Snakers Classic |  |  |
| Silver Sneakers Yoga |  |  |
| Boom |  |  |
| Personal Training |  |  |
|  | Stretching for Non Flexible People |  |
|  | Deep Breathing \& Guided Relaxation |  |
|  | Healthy U |  |
| Fitness Trek |  |  |
|  | Bokwa |  |
| Pound |  |  |
| Line Dance w/Stacey |  |  |
| Line Dance Thursdays |  |  |
| Ballroom |  |  |
|  |  | Ballet |
|  |  | Wabi |
| Zumba Gold- Daytime |  |  |
|  | Zumba Gold - evening |  |

стт о | UPPER

## 50 PLUS PROGRAM CLASSIFICATION

| Essential | Important | Value-Added |
| :---: | :---: | :---: |
| Mostly PUBLIC good / | Mix of PUBLIC and PRIVATE good / | Mostly PRIVATE good/ |
| Part of the Mission / | Important to the community / | Enhanced Community Offering / |
| Serves majority of the Community / |  |  |
| Highest Level of Subsidy offered / |  |  |
| "This program MUST be offered" |  |  |$\quad$| Serves the broad community / |
| :---: |
| Some level of subsidy offered / |
| LThis program SHOULD USUALLY be offered" |$\quad$| "This program is NICE to offer" |
| :---: |


| AQUATICS, CULTURAL ARTS \& TENNIS |  |  |
| :---: | :---: | :---: |
| Essential | Important | Value-Added |
| Mostly PUBLIC good / <br> Part of the Mission / <br> Serves majority of the Community / Highest Level of Subsidy offered / "This program MUST be offered" | Mix of PUBLIC and PRIVATE good / Important to the community / Serves the broad community / Some level of subsidy offered / "This program SHOULD USUALLY be offered" | Mostly PRIVATE good / <br> Enhanced Community Offering / <br> Serves niche groups / <br> Limited to no subsidy / <br> "This program is NICE to offer" |
| Aquatics |  |  |
| Recreational swimming |  |  |
|  |  | Early bird lap swim |
|  | Swim lessons |  |
| Cultural Arts Programming |  |  |
|  |  | Musical Theatre Camp |
|  |  | Camp ROCK! |
|  |  | Making Movies Camp |
| Music in the Parks |  |  |
| Labor Day Arts Festival |  |  |
|  |  | Arts in Community Education |
|  | Arts in Community Spaces |  |
|  | Concourse Gallery |  |
| Tennis |  |  |
|  |  | Recreational tennis |
|  |  | Tennis lessons |
|  | Tennis leagues |  |


| ADULT PROGRAM CLASSIFICATION |  |  |
| :---: | :---: | :---: |
| Essential | Important | Value-Added |
| Mostly PUBLIC good / <br> Part of the Mission / <br> Serves majority of the Community / Highest Level of Subsidy offered / "This program MUST be offered" | Mix of PUBLIC and PRIVATE good / Important to the community / Serves the broad community / Some level of subsidy offered / "This program SHOULD USUALLY be offered" | Mostly PRIVATE good / Enhanced Community Offering / <br> Serves niche groups / <br> Limited to no subsidy / <br> "This program is NICE to offer" |
|  | OSCAR PREP! A RED CARPET EVENT |  |
|  |  | BREWMASTER FOR A DAY |
|  |  | ART DECO TOUR |
|  |  | beEkeEPING 101 |
|  |  | InAUGURATION TRIVIA |
|  |  | SPARKING CREATIVITY |
|  |  | RETIREMENT WELLNESS |
|  |  | GET WHAT YOU WANT! |
|  |  | ONLINE DATING PROFILE |
|  |  | COLLECTIBLE CARS 101 |
|  |  | SORT \& SHED |
|  |  | VINTAGE JEWELRY |
|  |  | FENG SHUI |
|  |  |  |
|  |  | PET NATURAL HEALING |
|  |  | ESTATE RECORDS |
|  |  | LAND RECORDS |
|  |  | MILITARY RECORDS |
|  |  | GERMAN ANCESTORS |
|  |  | FEMALE ANCESTORS |
|  |  | ONLINE FAMILY TREES |
|  |  | LOCATION, LOCATION,LOCATION |
|  |  | GOOGLE GENEALOGY |
|  | PLAY OF THE HAND |  |
|  | PLAY \& LEARN BRIDGE |  |
|  | BEGINNING BRIDGE |  |
|  | BEYOND BASIC BRIDGE |  |
|  |  | ALT EATS FOOD TOUR |
|  |  | SHORT NORTH FOOD TOUR |
|  |  | HISTORIC COLS HOTELS |
|  |  | FRANKLIINTON TOUR |
|  |  | GREENLAWN TOUR |
|  |  | FILM IN A WEEKEND |
|  |  | DATING AGAIN |
|  |  | SHIFT YOUR GEARS |
|  |  | voiceovers |
|  |  | INSIDER FORENSICS |
|  |  | MUCH A DO ABOUT MONARCHS |
|  |  | GREEN YOUR HOME |
|  |  | SMART BUDGETING |
|  |  | RESUMES FOR THE 21ST CENTURY |
|  |  | DOG OBEDIENCE TRAINING |
|  |  | NEWSPAPER RESEARCH |
|  |  | GENEALOGY ON THE ROAD |
|  |  | IRISH ANCESTORS |


| ADULT PROGRAM CLASSIFICATION |  |  |
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|  |  | COUNTLESS COUSINS AND SURPRISING CONNECTIONS |
|  | 2ND STEP BEG. BRIDGE |  |
|  | SUPERVISED PLAY PLUS |  |
|  | INTERMEDIATE BIDDING |  |
|  | BRIDGE SURVEY CLASS |  |
|  |  | COLUMBUS FOOD TRUCKS |
|  |  | WORTHINGTON FOOD TOUR |
|  |  | MT. CALVARY TOUR |
|  |  | CITYWALKS TOUR |
|  |  | A Holiday Gingerbread house |
|  |  | HOLIDAY COCKTAILS II |
|  |  | DATING INSIDER |
|  |  | TRAP SHOOTING \& TARGETS |
|  |  | INTRO TO VOICEOVERS |
|  |  | PRE-RETIREMENT CHECK UP |
|  |  | Linkedın |
|  |  | INTRO TO GENEALOGY |
|  |  | BRICK WALL BUSTERS |
|  |  | COLONIAL AMERICAN ANCESTORS |
|  | SLAM BIDDING,POPULAR CONVENTIONS |  |
|  |  | Tour de Columbus |
|  |  | HOLIDAY CHURCH TOUR |
|  |  | Green lawn Cemetery |
|  |  | HISTORIC TAVERN TOUR |
|  |  | FIRST LADIES OF OHIO |
|  |  | WHITE HOUSE CHRISTMAS TRADITIONS |
|  |  | THE SHELL GAME |
|  |  | DIVERSITY DINING: A VIETNAMESE IMMERSION |
|  |  | DISTILLER FOR A DAY |
|  |  | Holiday Cocktalls |
|  |  | MIX \& MINGLE |
|  |  | ETIQUETTE 3.0 |
|  |  | RETIREMENT FOR WOMEN |
|  |  | SOCIAL MEDIA MARKETING |
|  |  | FAMILY HISTORY BOOK |
|  | COMPETITIVE BIDDING |  |
|  |  | WRITING \& PUBLISHING |
|  |  | HUMOR WRITING |
|  |  | SHORT ARTICLES=QUICK CASH |
|  |  | SELF-EDITING FOR PUBLICATION |
|  |  | WRITING FROM INSIDE OUT |


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| Mostly PUBLIC good / <br> Part of the Mission / <br> Serves majority of the Community / Highest Level of Subsidy offered / "This program MUST be offered" | Mix of PUBLIC and PRIVATE good / Important to the community / Serves the broad community / Some level of subsidy offered / "This program SHOULD USUALLY be offered" | Mostly PRIVATE good / Enhanced Community Offering / <br> Serves niche groups / <br> Limited to no subsidy / <br> "This program is NICE to offer" |
|  |  | ELEMENTS Of FICTION |
|  |  | USING PROMPTS TO CREATE CHARACTERS AND SCENES |
|  |  | "BLOCK" BUSTER REMEDIES: BREAKING THROUGH WRITER'S BLOCK |
|  |  | MINI-MEMOIR WORKSHOP |
|  |  | CREATE A CHARACTER NOTEBOOK |
|  |  | AMERICAN SIGN LANGUAGE |
|  |  | BEGINNING SPANISH |
|  |  | SPANISH FOR BEGINNERS AND TRAVEL |
|  |  | BEGINNING ITALIAN |
|  |  | FRENCH FOR BEGINNERS AND TRAVEL |
|  |  | SELF-EDITING FOR PUBLICATION |
|  |  | MAGAZINE WRITING |
|  |  | LEAVE THEM LAUGHING! |
|  |  | BASIC ITALIAN |
|  |  | SLAINTE TO THE EMERALD ISLE |
|  |  | WOMEN'S GUIDE TO FRANCE |
|  |  | DISCOVER CAPE COD |
|  |  | EUROPE ON A BUDGET |
|  |  | CRUISING ALASKA |
|  |  | AN ENGLISH WALKABOUT |
|  |  | PROVENCE THE BEAUTIFUL |
|  |  | SPLENDORS OF ISTANBUL |
|  |  | TOURING ENGLAND'S COTSWOLDS, DOWNTOWN ABBEY AND LONDON |
|  |  | UNDERSTANDING INFLAMMATION: CAUSES AND CURES |
|  |  | BLASTING BELLY FAT |
|  |  | EAT WELL FOR WEIGHT LOSS |
|  |  | MAKING SENSE OF HYPOTHYROIDISM |
|  |  | NAVIGATING GLUTEN FREE |
|  |  | ESSENTIAL OILS: A SAFER AND HEALTHY ALTERNATIVE |
|  |  | COMMUNITY CPR |
|  |  | NATURAL HEALING THROUGH REIKI |
|  |  | SELF-SHIATSU/ACUPRESSURE |
|  |  | WORK DAY YOGA FOR PEOPLE WHO SIT |
|  |  | YOGA FOR SPINE HEALTH |
|  |  | MINDFULNESS RETREAT |
|  |  | INSOMNIA \& WORRY |
|  |  | MINDFULNESS PRACTICE |
|  |  | INTRO TO QIGONG |
|  |  | ZHINENG QIGONG |
|  |  | SWEET SPRING/SUGAR FREE |
|  |  | MINIMALIST LIFESTYLE |
|  |  | RESTORATIVE YOGA |


| ADULT PROGRAM CLASSIFICATION |  |  |
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|  |  | INTRO TO MINDFULNESS |
|  |  | SELF-AWARENESS 2.0 |
|  |  | DIABETES\& MEDITERANN DIET |
|  |  | SUPERFOOD SMOOTHIES |
|  |  | NATURAL HEALTH |
|  |  | SLEEP YOURSELF WELL |
|  |  | MIGRAINE NO MORE! |
|  |  | HEALTHY HOLIDAY GAME PLAN |
|  |  | INTRO TO MINDFULNESS |
|  |  | FOOD \& MOOD |
|  |  | CHEERS TO YOUR HEALTH |
|  |  | NUTRIGENOMICS: SCIENCE ON YOUR SIDE |
|  |  | EATING PRETTY! |
|  |  | MEDITATION BEADS |
|  |  | NATURAL REIKI HEALING |
|  |  | YOGA FOR BACK HEALTH |
|  |  | MINDFULLNESS: BREATH AWARENESS FOR CONNECTION AND RELAXATION |
|  |  | ACOUSTIC ROOTS MUSIC ENSEMBLE |
|  |  | FREE YOUR INNER DRUMMER |
|  |  | UKULELE TEST DRIVE |
|  |  | INTER DULCIMER |
|  |  | BEG, DULCIMER II |
|  |  | BASIC TAP DANCE |
|  |  | BEGINNING LINE DANCE |
|  |  | BASIC ballroom |
|  |  | WEDDING DANCE CRASH COURSE |
|  |  | BEG. MOUNTAIN DULCIMER |
|  |  | CONTINUING DULCIMER |
|  |  | HOLIDAY DULCIMER |
|  |  | Join the club...UKULELE CLUB |
|  |  | BREAK INTO HIP HOP |
|  |  | BALLROOM/LATIN DANCE DUO |
|  |  | HAND-BUILT CERAMICS |
|  |  | MATISSE CUT-OUTS |
|  |  | ENCAUSTIC COLLAGE PAINTING |
|  |  | THE ARTIST'S WAY |
|  |  | DIGITALSLR PHOTOGRAPHY |
|  |  | CREATING IN CLAY |
|  |  | PASTEL UNLIMITED |
|  |  | COLORED PENCIL |
|  |  | ACRYLIC WORKSHOP |
|  |  | UNDERPAINTING WITH PASTEL |
|  |  | DESIGNING WATERCOLOR |


| ADULT PROGRAM CLASSIFICATION |  |  |
| :---: | :---: | :---: |
| Essential | Important | Value-Added |
| Mostly PUBLIC good / <br> Part of the Mission / <br> Serves majority of the Community / Highest Level of Subsidy offered / "This program MUST be offered" | Mix of PUBLIC and PRIVATE good / Important to the community / Serves the broad community / Some level of subsidy offered / <br> "This program SHOULD USUALLY be offered" | Mostly PRIVATE good / Enhanced Community Offering / <br> Serves niche groups / Limited to no subsidy / <br> "This program is NICE to offer" |
|  |  | NO FEAR WATERCOLOR |
|  |  | PANDORA-STYLE BRACELET |
|  |  | KNITING BASICS |
|  |  | CROCHET BASICS |
|  |  | INTRO TO OILS |
|  |  | LINOCUT PRINTMAKING |
|  |  | FOUNDATION OF DRAWING |
|  |  | INTRO TO BOOKBINDING |
|  |  | WOOD-TYPE CUSTOM POSTER |
|  |  | DIGITAL POINT \& SHOOT PHOTOGRAPHY |
|  |  | WATERCOLOR PENCIL WORKSHOP |
|  |  | SAY YES TO YUPO AND WATERCOLOR |
|  |  | PORTRAITS ANY MEDIUM |
|  |  | WATERCOLOR FLORALS |
|  |  | COLOR CHORDS |
|  |  | INTRO TO ENGROSSER'S SCRIPT |
|  |  | CERAMIC SERVING DISH |
|  |  | CERAMIC HOLIDAY ORNAMENT |
|  |  | OIL PAINTING 101 |
|  |  | PAINTING WITH A PALETTE KNIFE |
|  |  | GLASS-BLOWN ORNAMENT |
|  |  | FUSED GLASS PENDANT |
|  |  | NATURAL SOAPMAKING |
|  |  | POURING YOUR PAINTING |
|  |  | INTRO TO PRINTMAKING |
|  |  | BIG BRUSH WATERCOLOR |
|  |  | THE MAGICAL PRESSURE COOKER |
|  |  | WINTER SOUPS |
|  |  | FRENCH COMFORT FOOD |
|  |  | NORMANDY'S COMFORT CUISINE |
|  |  | ENGLISH COUNTRY CLASSICS |
|  |  | Itallan vegetarian |
|  |  | TUSCAN WINTER DINNER |
|  |  | WINTER LITE |
|  |  | HAPPY VEGAN NEW YEAR |
|  |  | ELEGANT FRENCH LUNCH |
|  |  | VEGAN SEASONAL COOKING |
|  |  | TASTE OF SPRING |
|  |  | GOVERNOR'S SUPPER |
|  |  | A TASTE OF VIETNAM |
|  |  | SUPER BOWL SNACKS |
|  |  | ON THE ROAD W/ BACON |


| ADULT PROGRAM CLASSIFICATION |  |  |
| :---: | :---: | :---: |
| Essential | Important | Value-Added |
| Mostly PUBLIC good / <br> Part of the Mission / Serves majority of the Community / Highest Level of Subsidy offered / "This program MUST be offered" | Mix of PUBLIC and PRIVATE good / Important to the community / Serves the broad community / Some level of subsidy offered / "This program SHOULD USUALLY be offered" | Mostly PRIVATE good / Enhanced Community Offering/ Serves niche groups / Limited to no subsidy / "This program is NICE to offer" |
|  |  | SUMMER COCKTAILS III |
|  |  | SUMMER COCKTALS II |
|  |  | SUMMER MARGARTAS |
|  |  | SUMMER SEAFOOD BOIL |
|  |  | PARIIIAN MARKETS |
|  |  | vegetarian bowls |
|  |  | PERFECT PESTO DUO |
|  |  | ARTISAN CHEESE MAKING |
|  |  | A SPAGHETI WESTERN |
|  |  | HEALTHY DESSERTS |
|  |  | TUSCAN SEASONAL COMFORT FOOD |
|  |  | PACIFIC NORTHWEST CUISINE |
|  |  | MUSHROOM MANIA |
|  |  | SALAD DAYS OF SUMMER |
|  |  | AmERICAN FARMHOUSE CLASSICS |
|  |  | FRENCH COUNTRY BRUNCH |
|  |  | EUROPEAN PASTRIES |
|  |  | JAM MAKING 101 |
|  |  | SUPRRFOOD QuICHE |
|  |  | INDIAN CUIIINE |
|  |  | EARTH DAY Cooking |
|  |  | Korean kimchi demo |
|  |  | CHEESE \& CHARCUTERIE TASTING |
|  |  | FOod \& WINE PARINGS |
|  |  | mexican vegetarian |
|  |  | PICNIC IN PROVENCE |
|  |  | Healthy fall fare |
|  |  | TUSCAN FARMHOUSE TABLE |
|  |  | PUMPKIN PATCH TO PLATE |
|  |  | JAPANESE DINNER PARTY |
|  |  | ARTISAN BREADS |
|  |  | CUIINARY TOUR DE FRANCE |
|  |  | SHowstopper cakes |
|  |  | VEGAN ONE-POT MEALS |
|  |  | OKToberfest deulcalies |
|  |  | FLAVORS Of FAll |
|  |  | THE SPICE ROAD |
|  |  | FALL FRENCH DIINER |
|  |  | SAVORY AUTUMN Soups |
|  |  | MODERN WINTER BRUNCH |
|  |  | EDible houday gift |
|  |  | ENGLSH COUNTRY CHRISTMAS |
|  |  | Art deco arrangement |
|  |  | BUTITERFL Y GARDENING |


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|  |  | ALL ABOUT ORCHIDS |
|  |  | GARDEN POLLINATORS |
|  |  | LIVE BEGONIA WREATH |
|  |  | CONTAINER GARDEN |
|  |  | LIVE IVY TOPIARY |
|  |  | DIY HYPERTUFA TROUGH |
|  |  | FALL CONTAINER GARDEN |
|  |  | EXTEND YOUR GARDEN SEASON |
|  |  | GROWING GARLIC |
|  |  | DIY TERRARIUM |
|  |  | FESTIVE HOLIDAY WREATH |
|  |  | MOVIES IN THE DIGITAL AGE |
|  |  | DIY PODCASTING |
|  |  | DIGITAL MUSIC |
|  |  | INTER. iPHONE/iPAD |
|  |  | SELLING ON EBAY:\$\$\$\$ |
|  |  | COMPUTER PRIVACY \& PASSWORDS |
|  |  | APPLE ICON GLOSSARY |
|  |  | PODCASTS |
|  |  | FALL TENNIS |
|  |  | iOS INTERMEDIATE I FOR YOUR IPHONE AND IPAD |
|  |  | YOGA FOR TENNIS |
|  |  | BEGINNING HATHA YOGA |
|  |  | PRENATAL YOGA |
|  |  | POSTNATAL YOGA |
| JACKI'S AEROBIC DANCE |  |  |
| TOTAL BODY STRETCH |  |  |
| TOTAL BODY WORKOUT |  |  |
| STRETCH \& FLEX |  |  |
| ZUMBA |  |  |
| STRONG,STRETCHED\&CENTERED |  |  |
| DAYTIME WEIGHTS |  |  |
| ON THE BALL |  |  |
| FRIDAY WEIGHTS |  |  |
| BEG TENNIS LEVELI |  |  |
| CONT TENNIS LEVEL II |  |  |
| INTERMEDIATE TENNIS |  |  |
| PICKLEBALL |  |  |
|  |  | INTRO TO GOLF |
|  |  | SHALLOW WATER CONDITONING |
|  |  | DEEP WATER CONDITIONING |
|  |  | YOGA FOR GOLF |
|  |  | HATHA YOGA |
| Men's Softball Leagu |  | ( |

стт оғ | UPPER

| ADULT PROGRAM CLASSIFICATION |  |  |
| :---: | :---: | :---: |
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| Co-Rec Softball Leag |  |  |
| Fall Men's Softball |  |  |
| Co-Rec Rec Volleyball |  |  |
| Open Gym Basketball |  |  |
| 30+ Basketball |  | INTRO TO PING PONG |
| Co-Rec Power Volleyball |  |  |


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| :---: | :---: | :---: |
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|  |  | LEARN TO EARN |
|  |  | Hiking in the Hills |
|  |  | Enriching Kidz Home |
|  |  | Holiday Horseback |
|  |  | MODERN MANNERS |
|  | Red Cross Babysitting Class |  |
| Family Camp out |  |  |
|  |  | Kindermusik: Toddler |
|  |  | Creep Crawly Creekin |
|  |  | Kidz Home Alone |
|  |  | MOWING SAFETY |
|  |  | Kindermusik Sing \& Play |
|  |  | Kindermusik: Family |
|  |  | Kindermusik for Toddlers |
| Dino Dig |  |  |
| Goldfish Grab |  |  |
|  |  | PAINTBALL 9-12 GRADE |
|  |  | Horseback Riding Fun |
|  |  | Hikng in the Hills |
|  |  | Horseback Riding |
| BREAKFAST/BRUNCH WITH SANTA |  |  |
|  | Early Release Recreation |  |
|  |  | Father Son Paintball |


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|  |  | Kidz Home Alone-UAMS |
|  |  | Kindermusik Family Time |
|  |  | Kindermusik:Cuddle \& Play |
|  |  | Kindermusik Wiggle \& Grow |
| Winter Break Day Camp |  |  |
|  | Parkour Camp |  |
|  | Fun in the Sun |  |
|  |  | Loco for Legos - Spring Break Camp |
|  | Camp Catch'em |  |
|  | Little Sporties Mini |  |
| Summer Camp |  |  |
|  | Fencing Camp |  |
|  | Kinder Kickers |  |
|  | Soccer Stars |  |
|  | Skill Builders |  |
|  | Archery Camp |  |
|  | Martial Arts Camp |  |
|  | Skyhawks Cheerleading Camp |  |
|  | FLAG FOOTBALL CAMP |  |
|  | SKYHAWKS PRE-K GOLF |  |
|  | SKYHAWKS BASKETBALL |  |
|  | SKYHAWKS VOLLEYBALL |  |
|  | SKYHAWKS BEG. GOLF |  |
|  | MINI-HAWK SPORT CAMP |  |
|  | Tiny-Hawk Sports Camp |  |
|  | Skyhawks Multi-Sport |  |
|  | Skyhawks Beginning Lacrosse |  |
|  | Skyhawks Track and Field |  |
|  | Horseback Riding Cam |  |
|  |  | Robotic: Rescue Robo |
|  |  | Loco for LEGOS |
|  | Big Sporties Mini Camp |  |
|  | Super Hero Boot Camp |  |
|  | Ultimate Warrior Sports Camp |  |
|  | Olympics Camp! |  |
|  | Get Up \& GO: Sports |  |
|  |  | Spring Break Horseback Riding |
|  | Summer ARTventure |  |
|  | Little Sporties for Shorties |  |
|  | Big Sporties for Shorties |  |
|  | Pre-K Parkour |  |
|  |  | Tumble Tots \& Parents |
|  | TUMBLE TYKES |  |
|  | Sports \& Fitness Fun |  |
|  | Martial Arts Munchkins |  |


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|  |  | Irish Dance - Beginning |
|  |  | Intro to Fencing |
|  |  | Archery |
|  |  | Mother/Daughter Yoga |
|  |  | Mommy \& Me Martial Arts |
|  |  | youth parkour |
|  |  | Tumble Kids II |
|  | Turbo Tumblers |  |
|  | Tumble Kids |  |
|  | Tumble Kids I |  |
|  | Sporties for Shorties |  |
|  | Sports \& Fitness for Fun |  |
|  | Street Hockey |  |
|  |  | Fall Fun Soccer Skills |
|  |  | Princess Dance |
|  | Tumble Tots |  |
|  | PAINTBALL 6-8GRADE |  |
|  |  | Fishing Fanatics |
|  | T- Birds T-ball |  |
|  | Spin \& Smash : Ping Pong |  |
|  |  | Princess Ballet |
|  | Drama: Charlie \& the Chocolate Factory |  |
|  |  | Father/Daughter Valentines Date Night |
| Pop Guitar For Beginners |  |  |
|  |  | Intermediate Pop Guitar |
|  |  | Boomwhacker Percussions |
|  |  | Voice Class for Budding Singers |
|  |  | Princess Dance Camp |
|  |  | Drama: Jumanji, Jungle Adventure |
|  |  | Drama: Truffla Trees |
|  |  | Drama :Scrooge, The Christmas Story |
|  |  | Drama: Elves and the Shoemaker |
|  |  | Drama:The Big Friendly Giant |
|  |  | Drama: Emperor's Nigtengal |
|  |  | Drama: Runaway Presents |
|  |  | Drama:Pied Piper |
|  |  | Kids and Cartoons |
|  |  | Ink \& Watercolor Creations |
|  |  | Campfire Cuisine |
|  |  | Outdoor Campfire Cooking |
|  |  | Campfire Cooking |
|  |  | ROBOTICS 101-LEGO |
|  |  | JUNIOR TWISTED FAIRY TALES |
|  |  | Junior Medieval Defense |


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|  | Junior Chemical Engineers of Power and Energy |  |
|  |  | Apprentice Chemical |
|  |  | Junior Camp Kelvin |
|  |  | Junior Engineers Under Construction |
|  |  | Junior Wings, Wheels Up |
|  |  | Building Cities |
|  |  | The Engineering of Food |
|  |  | Software Engineering Scratch |
|  |  | Amazing Race |
|  |  | Survivor Week: Engineers Cove |
|  |  | Kelvin's Kitchen |
|  |  | Electronic Game Design Invader |
|  |  | JUNIOR PIRATE ACADEMY |
|  |  | Engineering Investigators |
|  |  | The Engineering of Power and Energy |
|  |  | Junior Engineering of Power and Energy |
|  |  | Junior Aerospace |
|  |  | Aerospace |
|  |  | Junior Scratch Program |
|  |  | 3D Game Design |
|  |  | Junior Mechanical Toys |
|  |  | Electrical Engineering |
|  |  | Robo |
|  |  | Lego Robotics: Sumo Battles |
|  |  | Saturday Morning Engineering |
|  |  | Engineering for Kids |
|  |  | ADULT TR SOCIAL CLUB |
|  |  | SNACK Camp |
| Summer Celebration |  |  |
| Spring Fling |  |  |
| Fall Fest |  |  |
| Winter Festival |  |  |
| Movie In The Park |  |  |
| Farmers Market |  |  |
| Movie In The Park |  |  |
| Farmers Market |  |  |

## APPENDIX F - BEST PRACTICES VOLUNTEER \& PARTNERSHIP MANAGEMENT

## best practices in volunteer management

In developing the policy, some best practices that could be used by the City to managing volunteers include:

- Involving volunteers in cross-training to expose them to various organizational functions and increase their skill. This can also increase their utility, allowing for more flexibility in making work assignments, and can increase their appreciation and understanding of the City.
- Ensuring a Volunteer Administrator (a designated program staff member with volunteer management knowledge and responsibility) and associated staff stay fully informed about the strategic direction of the agency overall, including strategic initiatives for all divisions. The City periodically identifies, evaluates, and revises specific tactics the Volunteer Program should undertake to support the larger organizational mission.
- The City maintains the desirability of volunteerism in the agency by developing a good reward and recognition system. The City utilizes tactics wherein volunteers can use their volunteer hours to obtain discounted pricing at certain programs, rentals or events, and attend other City functions.
- Regularly update volunteer position descriptions. Include an overview of the volunteer position lifecycle in the Volunteer Policy, including the procedure for creating a new position.
- Add end-of-lifecycle process steps to the Volunteer Policy to ensure that there is formal documentation of resignation or termination of volunteers. Also include ways to monitor and track reasons for resignation/termination and perform exit interviews with outgoing volunteers when able.
- In addition to number of volunteers and volunteer hours, the City should continue to categorize and track volunteerism by type and extent of work, such as:
- Regular volunteers: Those volunteers whose work is considered to be continuous, provided their work performance is satisfactory and there is a continuing need for their services.
- Special event volunteers: Volunteers who help out with a particular event with no expectation that they will return after the event is complete.
- Episodic volunteers: Volunteers who help out with a particular project type on a recurring or irregular basis with no expectation that they will return for other duties.
- Volunteer interns: Volunteers who have committed to work for the agency to fulfill a specific higher-level educational learning requirement.
- Community service volunteers: Volunteers who are volunteering over a specified period of time to fulfill a community service requirement.


## POLICY BEST PRACTICE FOR ALL PARTNERSHIPS

All partnerships developed and maintained by the City should adhere to common policy requirements. These include:

- Each partner will meet with or report to City staff on a regular basis to plan and share activitybased costs and equity invested.
- Partners will establish measurable outcomes and work through key issues to focus on for the coming year to meet the desired outcomes.
- Each partner will focus on meeting a balance of equity agreed to and track investment costs accordingly.
- Measurable outcomes will be reviewed quarterly and shared with each partner, with adjustments made as needed.
- A working partnership agreement will be developed and monitored together on a quarterly or asneeded basis.
- Each partner will assign a liaison to serve each partnership agency for communication and planning purposes.
- If conflicts arise between partners, the City-appointed lead, along with the other partner's highest-ranking officer assigned to the agreement, will meet to resolve the issue(s) in a timely manner. Any exchange of money or traded resources will be made based on the terms of the partnership agreement.

Each partner will meet with the other partner's respective board or managing representatives annually, to share updates and outcomes of the partnership agreement

## POLICY RECOMMENDATIONS FOR PUBLIC/PRIVATE PARTNERSHIPS

The recommended policies and practices for public/private partnerships that may include businesses, private groups, private associations, or individuals who desire to make a profit from use of City facilities or programs are detailed below. These can also apply to partnerships where a private party wishes to develop a facility on park property, to provide a service on publicly-owned property, or who has a contract with the agency to provide a task or service on the agency's behalf at public facilities. These unique partnership principles are as follows:

- Upon entering into an agreement with a private business, group, association or individual, City staff and political leadership must recognize that they must allow the private entity to meet their financial objectives within reasonable parameters that protect the mission, goals and integrity of the City.
- As an outcome of the partnership, the City of Upper Arlington must receive a designated fee that may include a percentage of gross revenue dollars less sales tax on a regular basis, as outlined in the contract agreement.
- The working agreement of the partnership must establish a set of measurable outcomes to be achieved, as well as the tracking method of how those outcomes will be monitored by the agency. The outcomes will include standards of quality, financial reports, customer satisfaction, payments to the agency, and overall coordination with the City for the services rendered.
- Depending on the level of investment made by the private contractor, the partnership agreement can be limited to months, a year or multiple years.
- If applicable, the private contractor will provide a working management plan annually they will follow to ensure the outcomes desired by the City. The management plan can and will be
negotiated, if necessary. Monitoring of the management plan will be the responsibility of both partners. The agency must allow the contractor to operate freely in their best interest, as long as the outcomes are achieved and the terms of the partnership agreement are adhered to.
- The private contractor cannot lobby agency advisory or governing boards for renewal of a contract. Any such action will be cause for termination. All negotiations must be with the Recreation Director or their designee.
- The agency has the right to advertise for private contracted partnership services or negotiate on an individual basis with a bid process based on the professional level of the service to be provided.

If conflicts arise between both partners, the highest-ranking officers from both sides will try to resolve the issue before going to each partner's legal counsels. If none can be achieved, the partnership shall be dissolved.

## PARTNERSHIP OPPORTUNITIES

The City of Upper Arlington currently has a strong network of recreation program partners. These recommendations are both an overview of existing partnership opportunities available to the City of Upper Arlington, as well as a suggested approach to organizing partnership pursuits. This is not an exhaustive list of all potential partnerships that can be developed but can be used as a tool of reference for the agency to develop its own priorities in partnership development. The following five areas of focus are recommended:

1. Operational Partners: Other entities and organizations that can support the efforts of the City to maintain facilities and assets, promote amenities and park usage, support site needs, provide programs and events, and/or maintain the integrity of natural/cultural resources through in-kind labor, equipment, or materials.
2. Vendor Partners: Service providers and/or contractors that can gain brand association and notoriety as a preferred vendor or supporter of the City or department in exchange for reduced rates, services, or some other agreed upon benefit.
3. Service Partners: Nonprofit organizations and/or friends groups that support the efforts of the agency to provide programs and events, and/or serve specific constituents in the community collaboratively.
4. Co-Branding Partners: Private, for-profit organizations that can gain brand association and notoriety as a supporter of the City in exchange for sponsorship or co-branded programs, events, marketing and promotional campaigns, and/or advertising opportunities.
5. Resource Development Partners: A private, nonprofit organization with the primary purpose to leverage private sector resources, grants, other public funding opportunities, and resources from individuals and groups within the community to support the goals and objectives of the agency on mutually agreed strategic initiatives.

VOLUNTEER AND PARTNERSHIP RECOMMENDATIONS
The planning team recommends the following regarding volunteers and partnerships:
Establish volunteer and partner policies and agreements that are tailored to the different types of volunteers and partnerships the City encounters. Consider background checks for all volunteers working with youth, senior and adaptive recreation programs.

## APPENDIX G - PARK ASSESSMENTS

APPENDIX H - DETAILED STATISTICALLY-VALID SURVEY REPORT

