

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Monday Morning Drawing (4 sessions) 10:30 am-12:30 pm, Bldg 1, Rm 105  Tai Chi for Health (7 sessions) 4:30-5:30 pm, Bldg 2, Rm 205	<b>2</b> It's Hard to Swallow 10-11 am, Bldg 2, Rm 204  A Letter of Instructions to My Family 11 am-Noon, Bldg 1, Rm 104  Watercolor Workshop (4 sessions) 1-3 pm, Bldg 1, Rm 105  Bingo 2-3 pm, Bldg 2, Rm 204	<b>3</b> Zumba Gold (6 sessions) 10:15-11 am, Bldg 2, Rm 205  Stay Safe Using Technology 1-2 pm, Bldg 1, Rm 104  Tap Dance (6 sessions) Beginners: 1:30-2:15 pm Experienced: 12:30-1:15 pm Bldg 2, Rm 205	<b>4</b> Thursday Line Dance (4 sessions) 10-11 am, Bldg 2, Rm 205 Gentle Hatha Yoga (4 sessions) 10-11 am, Bldg 3, Rm 301 Prime Tours Trip Preview 10 am, Bldg 2, Rm 204 Lunch Buddies 11:05 am-Noon, Bldg 2, Rm 205 Understanding Self-Esteem (4 sessions) Noon-1:30 pm, Bldg 1, Rm 104 Tai Chi for Health (7 sessions) 4:30-5:30 pm, Bldg 2, Rm 205	<b>5</b> Beginners Line Dance (4 sessions) 10-11 am, Bldg 2, Rm 205  The Titanic - What You Do & Don't Know! 10-11:30 am, Bldg 1, Rm 104  50+ Connections 1 pm, Bldg 1, Rm 104
<b>8</b> iPhone: Tips & Extras 1 1-3 pm, Bldg 3, Rm 301 	<b>9</b> Living with Alzheimer's for Caregivers Part I 10-11 am, Bldg 2, Rm 204 Armchair Travel - Ohio 11 am-Noon, Bldg 1, Rm 104  Shakespeare: <i>A Midsummer Night's Dream</i> 1-2 pm, Bldg 2, Rm 204 (6 sessions) Windows 10: Basics 1-3 pm, Bldg 3, Rm 301	<b>10</b> Kelton House & Ohio Supreme Court 9:30 am-5 pm, Depart Bldg 2  Book Club: <i>Breaking the Age Code</i> by Becca Levy, PhD 9:45-11 am, Bldg 1, Rm 104  The Art of Writing Your Memoir (8 sessions) 1-2:30 pm, Bldg 1, Rm 104	<b>11</b> The James Mobile Education Kitchen Series: Foods to Fuel Your Gut Health 10-11 am, Bldg 2, Rm 204	<b>12</b> History of Ohio: The New Nation 10-11 am, Bldg 1, Rm 104
<b>15</b> Handmade Cards 10 am-Noon, Bldg 2, Rm 204 Mystery Book Club: <i>The Big Bad Wolf</i> by James Patterson 2-3 pm, Bldg 2, Café UA Lounge  iPhone: Tips & Extras 2 1-3 pm, Bldg 3, Rm 301	<b>16</b> Aging in the Movies (4 sessions) 10 am-Noon, Bldg 1, Rm 104  SAC Boxed Lunch 11-Noon, Bldg 2, Café UA  Windows 10: Getting Organized 1-3 pm, Bldg 3, Rm 301	<b>17</b> Pilates Fusion (6 sessions) 4-5 pm, Bldg 1, Rm 102	<b>18</b> Downsizing with Everything But the House 10-11 am, Bldg 1, Rm 104  Mindful Mandala Drawing Class 12:30-3:30 pm, Bldg 1, Rm 105 Movie Club: <i>Book Club: The Next Chapter</i> (PG-13, 1h 47m) 12:30 pm, Bldg 2, Rm 204	<b>19</b> 50+ Connections 1 pm, Bldg 1, Rm 104
<b>22</b> Oops! Series I (6 sessions) (skip 5/27) 10-11 am, Bldg 1, Rm 104  iPhone: iCloud 1 1-3 pm, Bldg 3, Rm 301  Guided Forest Therapy: Walnut Woods 12:30-3 pm, Depart Bldg 2	<b>23</b> Windows 10: Surfing the Web Safely & Efficiently 1-3 pm, Bldg 3, Rm 301	<b>24</b> Senior Day Camp 9:30 am-2:30 pm, Depart Bldg 2  Selling with Everything But the House 10-11 am, Bldg 1, Rm 104  Sip & Paint 2-3 pm, Bldg 1, Rm 105	<b>25</b> Art Healthy (6 sessions) 10-11 am, Bldg 1, Rm 104	<b>26</b>
<b>29</b> Ballroom Dance (6 sessions)(skip 5/27) Int: 9:30; Beg: 10:30 am. Bldg 2, Rm 205 Brush Lettering (3 sessions) Noon-1:30 pm, Bldg 1, Rm 104 Springtime Social Soiree 1-2:30 pm, Bldg 2, Café UA iPhone: iCloud 2 1-3 pm, Bldg 3, Rm 301 Aging Strength (5 sessions) 3-345 pm, Bldg 1, Rm 102	<b>30</b> World of Travel Trip Preview 10 am, Bldg 2, Rm 204  Windows 10: Managing Photos 1-3 pm, Bldg 3, Rm 301	<b>Registration Required</b> Advanced registration is required for all programs. Register at least two business days in advance. It allows us to determine if we have enough participants to run the class and time to prepare.	<b>Flip this calendar over to see our daily programs.</b>	  <b>APRIL 2024</b>