March 2026 – 50+ Daily Events at the Bob Crane Community Center – 614-583-5300 parks.uaoh.net

MONDAY

7:30-9:30 Open Play Pickleball 50+: All Levels (L3 Aux Gym) (2/23-3/30) (skip 3/16)

7:45 SilverSneakers® BOOM Move (Mezz Rm A)

9 SilverSneakers® Classic (Mezz Rm B)

10 Leave it to Beaver (L2 Rm A) (3/2-4/6)

10 Ballroom Dance-Intermediate

11 Ballroom Dance-Beginners (Mezz Rm A) (3/9-4/13)

10 Mindful Movement Yoga (Mezz Rm B) (3/2-3/30)

10:30-12:30 Monday Morning Drawing (L2 Art Rm) (3/2-3/30)

11:15 Behind the Scenes (L2 Rm A) (3/2-4/6)

1-3 Bridge 50+ (L2 Rm B)

1 SilverSneakers® Yoga (Mezz Rm B)

3 Aging Strength (Mezz Rm B) (3/2-3/30)

3:30 Tai Chi (Mezz Rm A) (3/2-3/30)\

TUESDAY

8 SilverSneakers® BOOM Muscle (Mezz Rm B)

9-12 Stained & Mosaic Glass Studio (L2 Art Rm) (3/3-3/31)

9 Mind, Body & Soul Yoga (Mezz Rm A) (3/3-3/24)

10 SilverSneakers® Classic (Mezz Rm B)

10-Noon Table Tennis 50+ (L3 Aux Gym)

11 Ballet for Beginners (Mezz Rm A) (2/24-3/31)

1 Balance Practice

1:45 Balance Practice (Mezz Rm B) (3/3-3/31)

1-3 Watercolor Workshop (L2 Art Rm) (3/3-3/31)

2-4 Current Events (L5 Rm C) (Note: 3/31 meets at 12:30 pm)

WEDNESDAY

7:45 SilverSneakers® BOOM Move (Mezz Rm A)

10 SilverSneakers® Circuit (Mezz Rm B)

10 Zumba Gold® (Mezz Rm A) (3/4-3/25)

11 Cardio & Strength (Mezz Rm B) (3/4-3/25)

1 SilverSneakers® Yoga (Mezz Rm B)

1 Tap Dance-Experienced

2 Tap Dance-Beginners (Mezz Rm A) (3/4-4/8)

4 Pilates Fusion (Mezz Rm A) (3/4-3/25)

CLASS LOCATIONS

Mezz – Mezzanine

L2 – Level 2

L3 – Level 3

L4 – Level 4

L5 – Level 5

THURSDAY

8 SilverSneakers® BOOM Muscle (Mezz Rm B)

9 Qi Gong (Mezz Rm A) (3/5-3/26)

9-11 Women's 60+ Pickleball (L3 Aux Gym) (2/19-3/26)

9:30-11:30 Woodcarvers (L2 Art Rm) (3/5-3/26)

10 SilverSneakers® Classic (Mezz Rm B)

10 Line Dancing Legends (Mezz Rm A) (3/5-3/26)

11:30 Ballet for Beginners (Mezz Rm A) (2/26-4/2)

1 Balance Practice

1:45 Balance Practice (Mezz Rm B) (3/3-3/31)

FRIDAY

9 SilverSneakers® Circuit (Mezz Rm B)

10 SilverSneakers® Circuit (Mezz Rm B)

10 Beginners Line Dance (Mezz Rm A) (3/6-3/27)

11:15 Intermediate Line Dance (Mezz Rm A) (3/6-3/27)

12-2 Mah Jongg 50+ (L2 Rm B)

SATURDAY

10:30 Fit After 50 (Mezz Rm B) (3/7-3/28)

REGISTRATION REQUIRED

Registration is required for all programs/events classes unless otherwise noted. Call the front desk at **614-583-5300** to register.