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VISIONING & PROGRAMMING



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MAY 2020



CORE PROGRAM SPACES

Upper Arlington Community Center Feasibility Study

CORE PROGRAM SPACES

In an effort to determine the priorities for amenities and programs that should be included in a new community center for Upper Arlington, it is important to evaluate what the community sees as a priority. This program summary is a combination of public input from focus groups, stakeholders, a public forum, a statistical valid community wide survey and from what staff feels is needed to support their existing program now and in the future. It is also based on what the community is consistently asking for that the staff cannot provide in the spaces they manage now. The key question is to focus on what is needed and what is most important to a wide spectrum of residents across the City to gain their financial support for the development of a new community center.

The following spaces have been identified as a priority. While several of these indoor spaces were selected more frequently in the statistical valid survey and focus groups, several of these spaces chosen are mentioned less frequently. This increases the functionality of core spaces listed and increases the visitors' experience, adding value to services and increasing the potential for financial sustainability for the community center.

1.1 FITNESS AND WELLNESS CENTER WITH WEIGHT ROOM / CARDIOVASCULAR EQUIPMENT AND PRESS MACHINE AREA:

A weight room area usually consists of training equipment that could include free weights, cardio equipment like treadmills, press machines for strength training, elliptical machines, and other adjustable muscle specific, weight training stations. The cardiovascular equipment area consists of various types of equipment that may include stair climbers, ladder climbers, row machines, treadmills, recumbent bikes, and upright bikes. Square foot size for a wellness/fitness center would be approximately 6,000 square feet and does not include the group fitness rooms to support all elements of strength training space for free weights, cardio space and press machine space.

- Survey results indicated a high level of support for a Fitness and Wellness Center. From the survey, citizens expressed the following:
 - Adults 19 and older: Their first selection at 57% was very supportive or supportive
 - Youth 18 and under: Their 9th selection was at 8%
- Stakeholder and Focus User Groups input included the following:
 - Weight Room and Cardiovascular Equipment at the Wellness Center was identified most frequently as a preferred space in a potential new community center
- Type of programming:
 - Self-directed activities by users of all ages such as walking, running, strength training, personal training, TRX, cycling and group workout fitness.

1.2 INDOOR RUNNING / WALKING TRACK

An indoor walking / running track would be elevated over the multipurpose sports courts. The track should include two lanes at a minimum and the overall track size to be at least 8 to 10 laps = 1 Mile. The corner spaces of the track could include areas for stretching, cardio equipment for interval training and cross fit areas with self-instruction.

- Survey Results indicate support for an elevated track:
 - Adults 19 and older: Their 2nd selection at 44% was very supportive or supportive
 - Youth 18 and under: Their 15th selection was at 4%
- Stakeholder and Focus Group input:
 - Indoor walking / running track was identified many times as a preferred space for rehabilitation and indoor activity during inclement weather especially for seniors
- Programming desired:
 - This space will be used by people of all ages for walking and jogging
 - Silver Sneakers is a key program that seniors desire in this type of space

1.3 AEROBICS / FITNESS / MARTIAL ARTS / DANCE SPACE:

Aerobics / Fitness / Martial Arts / Yoga, Dance Spaces consist of two rooms that are approximately 1,200 square feet each with ample storage for group fitness and instructional equipment as part of the space. These spaces typically have a wall of mirrors and a dance bar along one wall. The rooms are also equipped with audio visual equipment to serve a variety of activities and programs.

- Survey Results indicate there was ample support of spaces for aerobics / fitness / martial arts and dance:
 - Adults 19 and older: The 3rd selection at 37% was very support or supportive
 - Youth 18 and under: The 13th selection was at 8%
- Stakeholder and Focus Group input:
 - Stakeholder and focus groups identified group fitness space for Aerobics / Fitness / Martial Arts / Yoga / Dance /Pilates, and Taiji, would require two multipurpose group fitness spaces as a preferred area in a potential new community center. Stakeholders responses often included these spaces in combination with multipurpose space for other instructional classes, meetings, and exercise classes.
- Programming spaces needed include:
 - Two 1,200 square feet (approximately) program rooms each with a spring or floating floor that can support 30 people in one class comfortably. Programs for people of all ages include: Aerobics type classes, Yoga, Mind and Body type classes and dance training classes.

1.4 INDOOR AQUATIC FACILITY:

EXERCISE / FITNESS/ POOL SPACE:

The community desires an exercise pool with lap lanes. Ideally, the lap lanes would be (25 yards in length), are typically referred to as competition / fitness water in a large flat-water surface area pool where lane ropes can be added for more fitness swimmers to swim. The lane ropes can be removed to create a larger space serving a variety of activities such as water therapy, water aerobics and swim lessons. These lane ropes can also be attached to other areas of water within the same pool or a separate area for similar programming. The surface area and amount of water (gallons) may vary depending upon planned outcomes.

- Survey Results:
 - Adults 19 and older: The 3rd selection was at 37%
 - Youth 18 and under: Their 13th selection was 8%
- Stakeholder and User Group input:
 - The community desires water programs including water aerobics, fitness lap swim and master swim. They were identified frequently as preferred spaces in a potential new community center.
- Programming desired:
 - Fitness swimming learn to swim, water aerobics, scuba, lifeguard training, lap swimming, water walking and recreational open were recognized for swimming in this space. The space can also serve swim teams.

LEISURE POOL ZERO DEPTH ENTRY:

Leisure pools in municipal settings have evolved to include appropriately sized amenities that have typically been found in water parks. This happy medium of water recreation is known to include zero depth entry that creates a gradually sloped means of access into the water. These spaces typically consist of water play features and spray nozzles where youth can change the flow and direction of recirculating water at a wading pool depth. This recreational water can include play structures with dumping buckets and body slides while auxiliary water spaces adjacent can include challenges such as walking on lily pads, current channels for water walking and tube slides with drop zone.

- Survey Results
 - Adults 19 and older: The 6th selection was at 18%
 - Youth 18 and under: The 1st selection was 21%
 - Stakeholder and Focus Groups desired play water for smaller children that includes warm water, spray features, zero based entry, up to three feet of water, and play slides.
 - A leisure pool with zero depth entry was identified frequently as a preferred space in a potential new community center by parents and grandparents. Stakeholders responses often included these spaces in combination with lap lanes and a warm water therapy pool.
- Programming desired: Play water for small children and parents, mommy and me programs, and birthday parties for younger children. Play water people in wheelchairs for general open swim areas.

WARM WATER POOLS FOR THERAPEUTIC PURPOSES:

Warm water pools for therapeutic purposes consists of an aquatic environment that is heated with some level of resistant water. Activities within this pool are under the supervision of a trained healthcare

professional. The pools can be used for a variety of other activities including open swim, swim lessons, therapy classes, people with disabilities and aquatic fitness.

- Survey Results
 - Adults 19 and older: This 5th selection indicated 23%
 - Youth 18 and under: The 19th selection was specified at 2%
- Stakeholder and User Group input
 - A warm water area was identified less frequently as a specific pool space in a potential new community center than lap lanes and a leisure pool. Stakeholder's responses often included this space in combination with lap lanes and a leisure pool.
- Programming desired:
 - Aqua aerobics, therapy classes for people with hip and knee replacements, learn to swim classes for young children, people with disabilities programs, resistant water classes and water fitness programs were activities also mentioned.

1.5 SENIOR PROGRAMMING SPACE THAT CAN BE SHARED SPACE AFTER SENIORS' PRIME-TIME HOURS:

Senior programming space can include a variety of uses and typically have social spaces that can may serve different uses. These spaces are known to include an appropriately sized kitchen, multiple seating areas (lounge / table & chairs), social recreation spaces (billiards, darts, lounge / tv area, classrooms for life skill programs and a small technology space. Some facilities have an outdoor patio adjacent to these senior programming spaces to increase capacity and enhance the outdoor uses. An informal small social café for social gathering could be an additional space for Seniors.

- Survey Results
 - Adults 19 and older: The 8th selection was at 16%
 - Youth 18 and under: The 22nd selection was listed at 1%
- Stakeholder and Focus Group input:
 - Senior programming space was identified by more than half of the respondents as a preferred space within a potential new community center. Some expressed a desire for remodeling the existing senior center, but they understand the efficiency created by a multi-generational community center and welcomed multi-generational programming as a benefit. Many expressed a desire for this type of space and recognized the importance of having the existing senior center even though it is extremely outdated and limited and know friends and family that use it now.
- Programming desired:
 - Senior fit programs, Silver Sneakers, life skill programs, educational classes, computer learning, cooking programs, art related classes, dining areas for monthly lunches, group parties, educational speakers' series, dance programs, health clinic services, games, movie nights, Silver Arts and volunteer programs were programs most mentioned.

1.6 MULTIPURPOSE COURTS-

These multipurpose courts would consist of three hard-surface courts lined with multiple sports boundaries. These spaces tend to be open across all courts with the ability to create separation with a dropdown screen. The courts are at least two stories tall to support the elevated indoor walking / running track. Spectator seating is adjacent to these areas and would include ample storage space to support equipment for a variety of activities.

- Survey Results:
 - Adults 19 and older: The 7th selection was at 16%
 - Youth 18 and under: The 2nd selection was shown at 17%
- Stakeholder and Focus Group input:
 - Multipurpose courts were identified frequently as a specific space in high demand and much needed in a potential new community center. Stakeholders' responses often included this space as one that should have 3 courts at minimum. Several stakeholders asked that this area not be underestimated when determining the appropriate number of courts.
- Programming desired:
 - Basketball for youth and adults, pickleball courts, volleyball for youth and adults, open gym for general play and practice, futsal, indoor baseball and softball (using nets) indoor winter camp space and large meeting space where the community can gather.

1.7 CHILDCARE:

Childcare (also known as child watch) is as a service for members and daily users while they are using the facility. Childcare times are typically the peak time(s) of the day to ensure good use of the space. These areas have the ability to serve as preschool and youth multipurpose rooms when childcare is not available. The service space can be adjacent to or in proximity of an indoor unstructured play area / playground.

- Survey Results:
 - Adults 19 and older: The 12th selection was shown at 8%
 - Youth 18 and under: The 8th selection indicated 8%
- Stakeholder and User Group input:
 - Childcare was identified as an important space to support parent and adult use of the facility and is needed in a potential new community center. Stakeholders responses often included this space as an option, yet preferred youth programming parallel to peak times for adult use making the experience a greater wellness benefit for the whole family.
 - Programming desired: The child watch program (no more than 2 hours), a birthday party space and an unstructured play space for small children and parents in non-scheduled child watch hours.

1.8 MULTIPURPOSE SPACE FOR CLASSES / MEETINGS / PARTIES:

Multipurpose space for classes / meetings / parties can take on many forms and locations within the design of a recreation facility. The spaces can be independent or adjacent to other spaces for enhancing experiences and creating additional program value. Examples of adjacent spaces could include a demonstration kitchen, casual kitchenette, unstructured play area, employee services / offices, entrance lobby, outdoor patio, outdoor classroom, or multipurpose courts.

- Survey Results:
 - Adults 19 and older: The 9th selection scored at 12%
 - Youth 18 and under: The 17th selection was at 2%
- Stakeholder and Focus Group input.
 - These spaces were mentioned in combination with arts and crafts rooms, general life skill classes, for people of all ages
- Programming desired:
 - Teen drop-in programs, e-sports play, life skill programs, art programs, music and dance and community meeting space.

1.9 CULINARY ARTS DEMONSTRATION KITCHEN:

A Culinary Arts Demonstration Kitchen can serve many purposes and support other facility uses. These spaces consist of a kitchen layout with counters, sinks, appliances, and audience space. This can also serve as space for caterers serving at event or rental use to serve groups that are not catering.

- Survey Results:
 - Adults 19 and older: The 10th selection was at 9%
 - Youth 18 and under: The 20th selection was indicated at 1%
- Stakeholder & Focus Group input:
 - A culinary arts demonstration kitchen was identified as an important space to support a variety of uses and could be sponsored in a potential new community center. Stakeholders responses often included this space in combination with common area gathering spaces and meeting rooms. Kitchen and adjacent spaces could include an outdoor patio, senior programming spaces, event spaces, and performance spaces.
- Programming desired:
 - How to cook programs, life skill programs for people of all ages and a catering kitchen.

1.10 MEETING / EVENT SPACE:

Meeting and event spaces should consist of a main hall, appropriately sized hallways for the room occupancy and auxiliary spaces including restrooms and storage. The main event space can be multi-functional with partitions that turn into several intimate spaces within the main area. These spaces add value to the facility, especially when they can accommodate 250 visitors at one setting.

- Survey Results:
 - Adults 19 and older: The 11th selection listed at 8%
 - Youth 18 and under: The 21st selection was at 1%
- Stakeholder and Focus Group input:
 - The meeting / event space was identified by some of the stakeholders as an important space to include in a potential new community center. It was recognized by all who saw

the space as important and that it could take on many forms as a large space that could be converted to create multiple smaller spaces. The meeting / event space was often mentioned in combination with multi-purpose spaces for classes, meetings, parties, senior programming, and a culinary arts demonstration kitchen.

- Programming desired:
 - Group gatherings, classes, performing arts programs, community meetings, wedding reception space and general use for teens, the general public, reunions, and art related events.

1.11 COMMON AREAS:

As part of a building with a large footprint, there are common areas that can be used spontaneously to rest, read, and enjoy conversation. These areas can consist of intimate seating areas, storage space, larger open rooms without doors accessed from the hallway, restrooms, staff offices, locker rooms as well as common gathering areas for youth and adults to meet between programs

- Survey Results:
 - The survey results did not include these spaces.
- Stakeholder and Focus Group input:
 - Several stakeholders identified these spaces as opportunities to create unique intimate spaces in key locations of the facility. In addition, creative suggestions like café areas adjacent to a small area of seating and an outdoor patio. Some expressed they have seen a common gathering area with a variety of seating that opens to the out of doors, for indoor/outdoor events.
- Programming desired: General casual use, parents waiting for classes to end. Open houses, art show space, mini group event space.

SUMMARY

The opportunities described for programing space in a potential community center indicate the total square footage of all spaces in the facility including common space and storage of approximately 83,664 square feet needed, at a minimum. The facility could increase in square footage to approximately 110,000 sq. ft. if all primary, secondary, and value-added spaces are deemed necessary to achieve the project outcomes.

POTENTIAL SPACES FOR FUTURE PHASES

It is important to think of these spaces serving the current and future population of Upper Arlington to avoid developing a facility that will have issues with program and capacity demands that are small to serve the needs of a growing population. For this purpose, a second phase expansion should be considered as a possibility in the future to expand the initially constructed spaces. The potential to incorporate spaces that did not rank as high in the first survey would add value to the facility by bringing more interests from the residents at a central location. This will continue to keep the facility energetic and bring additional residents with different interests together while continuing to build community. These spaces could include:

- Fine and Performing Arts Spaces:
 - Arts and crafts rooms with adequate storage of equipment, tools, and supplies.

Core Program Spaces
Upper Arlington Community Center Feasibility Study

- Indoor stage and performing arts activities.
 - Blackbox performance theater events.
- Indoor turf field
 - Training space for outdoor sports
- Additional teen gathering areas
- Outdoor recreational spaces
 - Outdoor classrooms
 - Amphitheater
 - Vendor spaces and areas for food trucks

Core Activities



Pickleball



Basketball



Swim Lessons



Lap / Fitness Swim



Volleyball



Badminton



Exercise



Active Play

ATHLETICS

AQUATICS

Core Activities



Health & Fitness

EXERCISE



Adventure Play



Group X - Yoga / Pilates / TRX / Aerobics

GROUP FITNESS

Core Activities



Exercise - Silver Sneakers



Arts & Crafts



Arts & Crafts



Dance Class



Café Meet-Ups



Meeting/Multi-Use Space

SENIORS

CULTURAL

Core Activities



Culinary



Art Exhibitions



Indoor Play



Youth Activities



Community Events

MULTI-USE



Inclusivity










Gaming

YOUTH



Teens

Building Space Program Summary

BUILDING PROGRAM CATEGORY	AREA (S.F.)
 ATHLETICS (GYMS, WALKING TRACK, EQUIP. STORAGE)	33,800
 AQUATICS (ACTIVITY/PLUNGE/LAP POOL, LOCKERS)	12,000
 FITNESS & WELLNESS (WEIGHTS, MACHINES, GROUP EXERCISE)	12,500
 SENIORS / MULTI-USE (LOUNGE, BILLIARDS, ARTS/CRAFT, MULTI-USE)	15,500
 CHILD WATCH, INDOOR PLAY, TEEN	4,000
 FACILITY ADMINISTRATION	4,500
 COMMON SPACE, CIRCULATION	13,000
TOTAL	95,300

BUILDING SPACE PROGRAM SUMMARY

UPPER ARLINGTON COMMUNITY CENTER

10/22/20



DESCRIPTION	BUILDING SPACE PROGRAM			COMMENTS
	PROGRAM AREA (SF)	MSC CONCEPT AREA (SF)	KINGSDALE CONCEPT AREA (SF)	
CORE PROGRAM COMPONENT / SPACE TYPE				
ATHLETICS	33,800	33,800	33,800	
1A 2-COURT GYM	16,000			2 WOOD FLOOR; ALL HIGH SCHOOL SIZE (50X84)
1B MAC GYM	8,000			HIGH SCHOOL SIZE (50X84)
1C VIEWING	500			250 SEATS
1D RUNNING/WALKING TRACK	6,000			2 LANE: WALK & JOG/RUN
1E STORAGE - GYM AND FACILITY	1,800			WITH GARAGE DOOR
1F ADVENTURE PLAY	1,500			SEE GENERAL NOTE 4 BELOW
AQUATICS	14,470	12,300	12,000	
2A ACTIVITY / PLUNGE POOL / LAP POOL	7,800			ZERO DEPTH ENTRY; PLUNGE; 1 SLIDE; 4 LAP LANES @ 25 YARDS; 3'-6" TO 7' DEEP
2B WARM WATER PROGRAM POOL				THERAPY / SWIM CHANNEL / SPA; HC RAMP; 3'-6" TO 7' DEEP
2C POOL DECK	3,120			
2D MW LOCKER ROOMS & FAMILY CHANGING ROOMS	2,000			NATATORIUM, ATHLETICS & WELLNESS
2E FAMILY CHANGING ROOMS	500			
2F POOL MANAGER	150			
2G GUARD	150			
2H FIRST AID	50			
2J POOL & GENERAL STORAGE	450			
2J VIEWING	250			
FITNESS & WELLNESS	10,600	10,000	12,500	
3A EXERCISE FLOOR	6,000			
3B GROUP X	2,800			SHARED OVERSIZED COMMON WALK THROUGH STORAGE AND CHANGING CUBBIES / WAITING
3C GROUP X	1,800			SHARED OVERSIZED COMMON WALK THROUGH STORAGE AND CHANGING CUBBIES / WAITING
SENIORS	3,350	3,400	3,400	
4A SOCIAL LOUNGE/LIBRARY	1,500			
4B BILLIARDS	1,200			2 POOL TABLES
4C CUSTOMER SERVICE / RESOURCE	400			RECEPTION, RESOURCE CTR., OFFICES, WORKROOM
4D CAFÉ	250			THE CAFÉ WILL BE ADJACENT AND IN CORPORATION WITH PROGRAM ITEM 5C
SENIORS / MULTI-USE PROGRAM SPACES	10,350	10,350	12,100	
5A CULINARY & CATERING / SERVING KITCHEN	800			SERVING / DEMONSTRATION / CONCESSIONS / STORAGE
5B MULTI-USE ROOM	5,700			3 ROOMS; DIVIDABLE; 200 BANQUET SEATS AREA; STORAGE
5C RAISED CONFERENCE STAGE	800			MULTIFUNCTIONAL 2' HIGH
5D TECHNOLOGY	600			TECHNOLOGY / PHOTOGRAPHY / MEETING
5E ARTS / CRAFTS & CERAMICS	850			WET & DRY, W/ STORAGE AND KILN
5F GENERAL PROGRAM ROOMS	1,600			2 X 800SF
CHILD WATCH / INDOOR PLAY / TEEN	2,750	4,500	4,000	
6A CHILD WATCH / PARTY ROOM	750			
6B INDOOR PLAY	1,000			
6C E SPORTS / LOUNGE	1,000			W/ STORAGE. SEE GENERAL NOTE 4 BELOW
FACILITY ADMINISTRATION	4,500	4,500	4,500	
7A ADMINISTRATIVE WORK AREAS	4,000		4,500	SEE GENERAL NOTE 1 BELOW
7B HOSPITALITY AND CONTROL	250			
7C CONFERENCE ROOM	250			
COMMON SPACE	14,170	8,450	13,000	
8A LOBBY/ GATHERING	1,200			SEE GENERAL NOTE 2 BELOW
8B LOUNGES / VENDING	300			
8C MW RESTROOMS	600			
8D PRIVATE/ GENDER NEUTRAL RESTROOM	250			
8E GENERAL STORAGE/ RECEIVING	500			
8F BUILDING MECHANICAL	750			
8G BUILDING STORAGE/ RECEIVING	500			
8H CIRCULATION / CUEING	10,070			12% OF NET AREAS
OUTDOOR SPACES	3,100	8,700	8,800	
9A OUTDOOR PATIO	2,100			NOT INCLUDED IN TOTAL BUILDING AREA. SEE GENERAL NOTE 3 BELOW
9B GROUP X DECK	1,000			NOT INCLUDED IN TOTAL BUILDING AREA.
9C MECHANICAL PENTHOUSE				NOT INCLUDED IN TOTAL BUILDING AREA.

TOTAL COMMUNITY CENTER SF	93,990	87,300	95,300
MSC SITE - ADMINISTRATION SF		29,700	
MSC SITE - POLICE SF		11,700	
KINGSDALE SITE - COMMERCIAL OFFICE SF			50,000
KINGSDALE SITE - POTENTIAL PARTNER/OFFICE SF			10,000
TOTAL BUILDING SF	93,990	128,700	155,300

GENERAL NOTES:

- Facility Administrations consists of:
 - Private offices - (1) private office at 140 sf, (1) private office at 125 sf, and (4) private offices at 100 sf;
 - Open work space, w/ flexible furniture partitions - (4) at 65 sf ea.;
 - Mobile linear work bull pen for (6) at one time at 35 sf ea. (part time staff);
 - Work/Copy Room - (1) at 200 sf.
 - Collaborative layout space in the open office area - (1) at 50 sf;
 - Small Conference Room for 10, with credenza - (1) at 225 sf;
 - Hospitality (reception/control) - for (3) at 250 sf in a kiosk type setting; and
 - Semi-Private Office (visible) for back-up reception/admin. assistant to all - near the Facility Admin core entry area.
- Arts will be embodied into the architectural experience throughout the facility design, which will also incorporate rotating exhibits and artwork in the Main Lobbies / Gathering Areas throughout the facility.
- Program / Gathering Space associated with 5B "Multi-Use Room".
- Adventure Play and E Sports / Lounge moved from Priority 3 to Priority 1 in Phase II.