

<p style="text-align: center;"><u>Monday</u> Studio 55 8 am-7 pm</p>	<p style="text-align: center;"><u>Tuesday</u> Studio 55 8 am-7 pm</p>	<p style="text-align: center;"><u>Wednesday</u> Studio 55 8 am-7 pm</p>	<p style="text-align: center;"><u>Thursday</u> Studio 55 8 am-7 pm</p>	<p style="text-align: center;"><u>Friday</u> Studio 55 8 am-5 pm</p>
<p>8 BOOM Fitness Class (102)</p> <p>8-12 Personal Training (Studio 55)</p> <p>9-3:45 Billiards (101)</p> <p>9-11 Pickleball (Fancyburg Park)</p> <p>9:30 SilverSneakers® Classic (102)</p> <p>9:30 Intermediate Ballroom (205)</p> <p>10:30 Beginners Ballroom (205) (6/24-7/29)</p> <p>10 Oops! Series I (104) (6/17-7/22)</p> <p>10:30-12:30 Monday Morning Drawing (105) (7/1-7/29)</p> <p>11-12:30 LUNCH, Café UA Lounge (carry-in only)</p> <p>1 Chess (105)</p> <p>12:30 Bridge (205)</p> <p>12:30-3 Board Game Day (Café UA)</p> <p>1 SilverSneakers® Yoga (102)</p> <p>1-3 Handicrafters (204)</p> <p>3-3:45 Aging Strength (102) (6/24-7/22) & (7/29-8/26)</p> <p>4:30 Tai Chi for Health (205) (5/20-7/8) & (7/15-8/26)</p>	<p>8:30 BOOM Fitness Class (102)</p> <p>9-3:45 Billiards (101)</p> <p>9-12 Stained & Mosaic Glass Studio (105)</p> <p>9:30 Mind, Body & Soul Yoga (301) (7/2-7/30)</p> <p>10 SilverSneakers® Classic (102)</p> <p>11-12:30 LUNCH, Café UA Lounge (carry-in only)</p> <p>11:15-12:30 Table Tennis (102)</p> <p>1-1:30 Balance Practice (205)</p> <p>1:45-2:15 Balance Practice (205)</p> <p>1-3 Watercolor Workshop (105) (7/2-7/30)</p> <p>2-3:55 Current Events (104)</p> <p>3-6 Personal Training (Studio 55)</p>	<p>8 BOOM Fitness Class (102)</p> <p>8-12:15 Personal Training (Studio 55)</p> <p>9-3:45 Billiards (101)</p> <p>10 SilverSneakers® Circuit (102)</p> <p>10:15 Zumba Gold® (205) (7/10-8/21) (skip 8/14)</p> <p>11-12:30 LUNCH, Café UA Lounge (carry-in only)</p> <p>12:15 Euchre (204)</p> <p>1 SilverSneakers® Yoga (102)</p> <p>1-5 Personal Training (Studio 55)</p> <p>4 Pilates Fusion (104) (6/5-7/24) (skip 7/3)</p> <div style="border: 1px solid black; padding: 5px; text-align: center; margin: 10px 0;"> <p>Senior Center & Parking Lot closes at 3 pm on Wed, July 3</p> </div>	<p>8:30 BOOM Fitness Class (102)</p> <p>8:30-10:30 Bocce (Bocce Courts)</p> <p>9-3:45 Billiards (101)</p> <p>9-11 Pickleball (Fancyburg Park)</p> <p>9:30-11:30 Woodcarvers (105)</p> <p>10 SilverSneakers® Classic (102)</p> <p>10 Line Dancing (205) (7/11-7/25)</p> <p>10 Gentle Hatha Yoga (301) (7/11-7/25)</p> <p>11-12:30 LUNCH, Café UA Lounge (carry-in only)</p> <p>11:15-12:30 Table Tennis (102)</p> <p>12:30 Movie Club (3rd Thu) (204)</p> <p>1-1:30 Balance Practice (205)</p> <p>1:45-2:15 Balance Practice (205)</p> <p>2-3:30 Stock Market Discussion Group (104)</p> <p>2-5 Personal Training (Studio 55)</p> <p>4:30 Tai Chi for Health (205) (5/23-7/11)(skip 7/4) & (7/18-8/29)</p>	<p>8:30 SilverSneakers® Circuit (102)</p> <p>9-3:45 Billiards (101)</p> <p>10 Beginners Line Dance (205) (7/12-7/26)</p> <p>11-12:30 LUNCH, Café UA Lounge (carry-in only)</p> <p>11:30 500 Cards (205)</p> <p>12:30 Stained & Mosaic Glass Studio (105)</p> <p>2-5 Personal Training (Studio 55)</p>
<p style="text-align: center;">REGISTRATION REQUIRED</p> <p>Registration is required for all our programs, events and classes which can be made Monday-Friday from 8 am-4 pm by calling 614-583-5320 or visiting the registration desk in Bldg 3.</p>	<p style="text-align: center;">CLASS LOCATIONS</p> <p>Onsite Programs – Bldg 1, 2, 3 Bldg 1 - 101, 102, 104, 105 Bldg 2 - Café UA Lounge, 204, 205 Bldg 3 - Studio 55, 301 MSC - Municipal Services Center</p>	<p style="text-align: center;">CAFÉ UA LOUNGE</p> <p>Mon-Fri, 11-12:30 (Café UA – bring your own lunch and drink, no meals are being served from the kitchen at this time. Closed for special events.)</p>	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Senior Center Closed Thu, July 4 in Observance of Independence Day</p> </div>	<p style="text-align: center;"><u>Saturday</u> Studio 55 8 am-Noon</p> <p>9:30 Fit After 50 (102) (6/1-7/6) & (7/20-8/24)</p>